

# Report to the Community 2019

## Diversity, Inclusion, Belonging



**Accessibility** is being able to get in  
the building.

**Diversity** is getting invited to the table.

**Inclusion** is having a voice at the table.

**Belonging** is having your voice heard  
at the table.



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Greetings,

*On behalf of the Detroit Wayne Integrated Health Network's Board of Directors and staff, I would like to say congratulations on your 10th Annual System of Care Report to the Community. I am honored to serve as Chair of an organization that is dedicated to the 75,000 people we serve in Wayne County each day. I would like to take this time to commend you for the hard work and sacrifice that it takes to care for children, youth and families that have been affected by trauma, serious emotional disturbance, mental illness, disability, or substance use. It is by no means not easy job but absolutely critical to ensure the health, healing and safety of our communities.*

*We are grateful that the System of Care offers such a variety of programs and services to help at any age whether it is Infant Mental Health, Early Childhood Task Force, School Based Mental Health Initiatives or Juvenile Justice Partnerships. The SOC has a strong network of providers who are committed to being game changers and mountain movers, providing hope and healing where it may not have existed before.*

*Thank you for going above and beyond in all that you do to ensure that children, youth and families of Wayne County have rewarding and meaningful opportunities to make a difference in their futures and the future of many generations.*

Bernard Parker  
DWHN Board Chair



Dear System of Care Partners,

It has been another eventful year; a year full of accomplishments. System Transformation has had a positive impact on the Detroit Wayne Integrated Health Network Children's Initiatives Department by now incorporating oversight of the Intellectual/Development Disability (I/DD) population which includes Autism. This has improved our delivery of services as we are able to address and collaborate on all identified needs for children, youth and their families providing a full continuum of care.

Another area of growth has been expansion of our School Success Initiative. During Fiscal Year 2018-2019, Transforming Research into Action to Improve the Lives of Students (TRAILS) was implemented. Community Mental Health (CMH) providers were trained and received consultation on the TRAILS model. In FY 2019-2020, providers will be able to deliver the model to the schools they are affiliated with.

Youth United continues to promote youth voice and choice through many projects. One exciting way this was done was by hosting focus groups within schools to gather input from the students on what workshops and trainings students need. This feedback was utilized in creating a monthly training series that will be implemented in FY 2019-2020.

Each of these efforts demonstrates the work of diversity, inclusion and belonging. These accomplishments would not exist if it were not for the valued partnerships with you; our System Partners, Community Partners, Service Providers and University Partners. I truly can not express my appreciation of all the partners who are not only at the table but truly belong and let their voice be heard. These are the voices of our Children's System of Care and the ones who make a difference in transforming the lives of others. Thank you for all you have done and will continue to do to promote systems in action for children, youth and their families.

Crystal Palmer, LMSW  
Director of Children's Initiatives



# Connections History Highlights

1980s

Initiation of Child and Adolescent Service System Program (CASSP).  
First monograph on Systems of Care (SOC) as a philosophy and framework for serving children is published.

1990

The State of Michigan received CASSP grant to begin coordinating a System of Care in Wayne County.  
In 1992, Substance Abuse Mental Health Services Administration launched a grant program to implement initial systems reform work.

1997

Southwest Counseling Solutions, Michigan Department of Health and Human Services, DWMHA, and Association of Children's Mental Health receive federal SAMHSA SOC grant to begin system transformation work. Youth United continue youth advocacy post-grant.

2010

High End User Project implementation begins.  
Connections begins to build a trauma-informed System of Care.  
Family Alliance for Change is founded by local parents and Youth Advocate leaders are expanded at partner agencies.  
Ruth Ellis Center (REC) began and continues to provide Medicaid eligible mental health services and specialized training and technical assistance on LGBTQ+ issues.

2012

New initiatives are added to Connections: Wayne County Fatherhood Initiatives, Cornerstone replication projects, Screening Kids in Primary Care Plus (SKIPP), and Safe Schools and Health Students.  
Medical Behavioral Health Court and Juvenile Justice Training Academy is implemented. The Mental Health Innovation Grant funded home based services to Juvenile Justice involved youth.  
The SAMHSA System of Care Expansion Grant was awarded in partnership With AIHFS, and TGC.

2014

Parent and Youth Advisory Council is established.  
Crossover Youth Practice Model began serving youth in both Juvenile Justice and Child Welfare.  
The Early Childhood Comprehensive Systems Grant was received.  
The Michigan Child Care Collaboration (MC3) model launched.

## FY 2018-2019

DWMHA continued to expand the Wayne County System of Care through the addition of an I/DD Clinical Specialist and School Initiative Clinical Specialist. The Autism Applied Behavioral Analysis (ABA) Benefit was also moved under the Children's Initiatives umbrella to expand the continuum of care for children in Wayne County. DWMHA, in collaboration with MDHHS, awarded Hegira Health Inc. the Fetal Alcohol Spectrum Disorder (FASD) Initiative to create a System of Care to address FASD. The FASD cohort provides community education as well as FASD screenings and assessments, and interventions for identified needs.

2000

Chief Judge Mary Beth Kelly, children's providers, MDHHS, DWMHA, and Wayne County Child and Family services create Unified Service Collaborative.  
  
DWIHN creates Children's Initiatives department.

2007

DWMHA awarded State Mental Health Block Grant Funds. Six staff members are hired to implement project goals and transform children's services in Wayne County.  
  
Unified Services Collaborative now named Wayne County System of Care.

2009

Edward McNamara, Wayne County Executive, leads Human Services Community Collaborative (HSCC) and governance structure established.  
  
Wayne County Systems of Care renamed Connections – Wayne County System of Care.

2016

School Based Mental Health Initiatives and Juvenile Mental Health Court launched.  
  
The Cultural Linguistic Competency (CLC) organizational needs assessments is conducted and the first CLC Conference was held in the spring.

2017

Family Alliance For Change became an agency within Southwest Solutions and Parent Support Partners were assumed by providers.  
  
Parent-Child Interaction Therapy is implemented in three agencies and Baby Court becomes a specialized docket.  
  
Ethel and James FLINN Foundation Cognitive Behavioral Intervention for Trauma in Schools (CBITS) and Race to the Top Early Learning Challenge grants are received to expand services.

2018-

DWIHN moves Autism ABA Benefit under Children's Initiatives umbrella and adds I/DD Clinical Specialist and School Success Initiative Clinical Specialist positions.  
  
FASD Request for Information was released and awarded to Hegira Health Inc.  
  
Youth MOVE received a Dare to Dream grant and implements the BE SEEN Project.  
  
DWMHA submitted an application for the Integrated Care for Kids Grant.

### FY 2018-2019 (cont.)

Youth MOVE received the Dare to Dream Grant from Youth MOVE National on behalf of the Michigan Chapter. The BE SEEN Project focuses on ending stigma by providing education and awareness about mental illness. Youth MOVE hosted a statewide social media campaign, produced digital story videos, and created BE SEEN marketing materials. DWMHA also submitted an application for the Integrated Care for Kids (InCK) Grant to partner to improve children health and create sustainable alternative payment models with the support of MDHHS in June 2019.



# BACKGROUND

## CONNECTIONS' GOALS

- 1 Increase access to services
- 2 Improve quality of services
- 3 Increase youth and parent voice
- 4 Improve quality of workforce



## Connections' System of Care Approach

System of Care (SOC) is a holistic approach to supporting children and youth with a Serious Emotional Disturbance (SED) that encompass community based services and supports. This approach brings together partnerships that are intentional about serving families in a dignified way that addresses their cultural and linguistic needs.



### Values Driven & Youth Guided

This belief ensures that each youth and family voice is heard in all aspects of service delivery and they are viewed as full partners at the table.



### Community-Based

Services that are delivered in the community in which the youth and family identify as their place of belonging and feel that their relationships are centered around individualized needs.



### Culturally and Linguistically Competent

A workforce that reflects competencies in racial, ethnic, gender, socio-economic class, linguistic and age. This belief allows system, agency and professionals to come together and enable effective work to be done while serving children, youth and families.

## SYSTEM PARTNERS

- ▶ Detroit Wayne Mental Health Authority (DWMHA)
- ▶ Detroit Department of Health and Wellness Promotion
- ▶ Institute for Population Health
- ▶ Michigan Department of Health and Human Services—Wayne County
- ▶ Southeast Michigan Community Alliance
- ▶ Third Judicial Circuit Court of Michigan
- ▶ Wayne County Department of Health, Veterans and Community Wellness
- ▶ Wayne Regional Educational Service Agency (RESA)

## COMMUNITY PARTNERS

- ▶ APPRECOTS-Applied Research Consultants
- ▶ Black Caucus Foundation of Michigan
- ▶ Catholic Social Services
- ▶ Child’s Hope
- ▶ Children’s Hospital of Michigan
- ▶ Community Education Commission
- ▶ Detroit Public Schools Community District
- ▶ Easterseals
- ▶ Family Alliance for Change (FAFC)
- ▶ Great Start Collaborative—Wayne
- ▶ Lincoln Park School District
- ▶ Michigan Alliance for Families
- ▶ Michigan Association for Infant Mental Health
- ▶ The Milestones Agency
- ▶ Neighborhood Service Organization
- ▶ St. Joseph Mercy Health System

## SERVICE PROVIDERS

- ▶ American Indian Health and Family Services
- ▶ Arab American and Chaldean Council
- ▶ Arab Community Center for Economic and Social Services
- ▶ Assured Family Services
- ▶ Black Family Development, Inc.
- ▶ Bridgeway Services
- ▶ Center for Youth and Families
- ▶ Central Care Management Organization
- ▶ Clinic for Child Study
- ▶ Community Care Services
- ▶ Community Living Services
- ▶ CNS Healthcare
- ▶ Development Centers
- ▶ Hegira Health, Inc.
- ▶ Lincoln Behavioral Services
- ▶ New Oakland Family Services
- ▶ Northeast Guidance Center
- ▶ Ruth Ellis Center
- ▶ Southwest Counseling Solutions
- ▶ Starfish Family Services
- ▶ TEAM Wellness
- ▶ The Children’s Center
- ▶ The Guidance Center
- ▶ Wellplace, Michigan
- ▶ Western Wayne Care Management

## UNIVERSITY PARTNERS

- ▶ Eastern Michigan University
- ▶ Michigan State University
- ▶ University of Michigan
- ▶ Wayne State University
- ▶ Western Michigan University



# PARTNERSHIPS



# STRUCTURE & GOVERNANCE

## HUMAN SERVICES COMMUNITY COLLABORATIVE

The Human Services Community Collaborative (HSCC) is a body of human service leaders working together to establish and maintain a barrier free continuum of services for children and their families. As the governing body for Wayne County's Connection System of Care, membership includes but is not limited to representatives from law enforcement, education, community mental health, substance use, child welfare, juvenile justice, public health and court systems. Guided by our vision of enriching lives through collaboration, the HSCC works to identify concerns and initiates action to support children and their families on their paths to success and wellness.

## CROSS SYSTEM MANAGEMENT

Cross System Management is a subcommittee comprised of leaders of the system of care partners charged to operationalize system changes within their organization through policy and process development. The team works to:

- ▶ Make policy and practice recommendations to the Human Service Community Collaborative and/or State-level stakeholders;
- ▶ Determine the strategic direction of Connections; and
- ▶ Remove system-level barriers in policy, practice, or non-statutory definitions that impede cross-systems service delivery for Wayne County families.

## CHILDRENS SYSTEM TRANSFORMATION

Children's System Transformation is a subcommittee of key children's service leaders who assist in defining operational issues, workforce development activities and advising the Director of Children's Initiatives. This action oriented team focuses on sustaining and expanding the Evidence-Based/Promising Practices of Wayne County Children's Initiatives and on ensuring availability and access to a board array of quality holistic services to the whole youth-behavioral, emotional, physical, social and spiritual.

## PARENT & YOUTH ADVISORY COUNCIL

The Parent and Youth Advisory Council is utilized to organize parents and youth who are, or have been, involved in services, with the purpose of building a structure that represents parent and youth "voice" within the System of Care. The council brings parents and youth together to collaborate and provide guidance on policies and procedures impacting youth and parents throughout Wayne County's Connection System of Care. The mission of the council is to "Advise Connections: Wayne County System of Care, to advocate for youth and families receiving services in Wayne County, and inform the system.



## CHILDREN'S PRACTICE STANDARDS

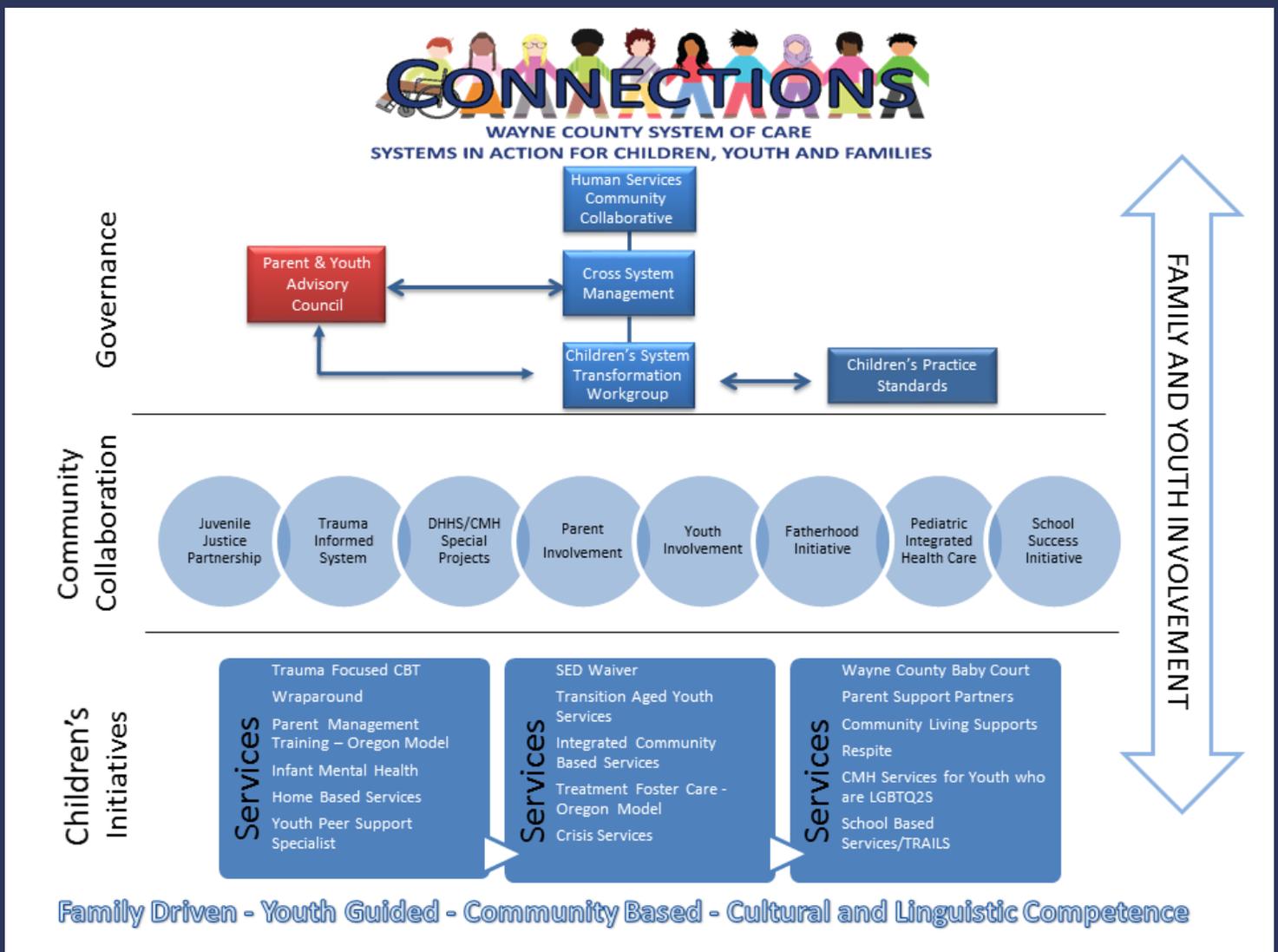
The Children's Practice Standards work group consists of directors, managers and supervisors from the children mental health providers. These stakeholders convene monthly to identify and address clinical practice issues within Connections System of Care Initiatives and to work toward clinical practice efficiencies.



# SYSTEM OF CARE COMMITTEES

- ▶ Baby Court Steering Committee
- ▶ CAFAS/PECFAS
- ▶ Children’s Practice Standards
- ▶ DHHS/CMH Special Projects
- ▶ Early Childhood Task Force
- ▶ Fatherhood Initiative
- ▶ Home-Based Task Force
- ▶ Juvenile Justice Partnership
- ▶ Parent Involvement Meeting
- ▶ School Success Initiative
- ▶ Trauma Leadership
- ▶ Youth Involvement Committee
- ▶ Transitional Age Youth Workgroup
- ▶ Wraparound

## SYSTEM OF CARE FRAMEWORK





# FUNDING

## SOC BLOCK GRANT

The Children's System of Care has received Block Grant funding for the 13th year in a row, in the amount of **\$1.04 million** from the State of Michigan. Funds are used for specialty positions, programs designed to focus on system change, special projects, evaluation, advocating for parent and youth voice, and development of the workforce that serves children, youth and their families in Wayne County.

## YOUTH MOVE DETROIT

Youth MOVE Detroit was awarded **\$12,500** by the Community Foundation of Southeast Michigan. This grant focuses on increasing opportunities for professional development and networking for youth. The funding also assists youth with advocacy events, System of Care events, community events, meetings, marketing events, trainings, and workshops.

## DARE TO DREAM

Youth MOVE Michigan was awarded a **\$2,500** Youth MOVE National Dare to Dream grant to implement a Statewide project geared toward combating mental health issues and stigma. The Be Seen Project was by Youth MOVE Michigan to help end stigma and spread education and awareness about mental illness in the community, breakdown barriers, and engage youth and young adults in conversations about mental illness, stigma, suicide and trauma.

## TREATMENT FOSTER CARE OREGON

Wayne State University received funding from MDHHS for implementation of the Treatment Foster Care Oregon (TFCO) Project and selected DWMHA as an implementation site. Through an RFI process, The Children's Center was selected to deliver the services. TFCO is an evidence-based practice developed as a community-based alternative to hospital, residential, and other inpatient treatment settings for children with significant emotional and behavioral challenges. TFCO offers intensive, behaviorally-focused, and data-driven clinical treatment in a non-restrictive and community-based setting. The funding for FY18-19 was **\$368,397**.

## RACE TO THE TOP

The Race to the Top Early Learning Challenge (RTT-ELC) is a federal grant provided to the Michigan Department of Health and Human Services (MDHHS) which focuses on improving early learning and development programs for young children. Development Centers provides specialized consultation to meet the social-emotional needs of young children ages birth to five in child care, and was selected through a Request for Information process based on their past experience of delivering similar services. Since the initial year the grant was received, each year the funding has increased. For FY18-19, **\$178,419** was awarded.

## MICHIGAN CHILD COLLABORATIVE CARE PROGRAM (MC3)

The MC3 provides behavioral health consultation for local primary care providers who work with children, adolescents and perinatal women through the University of Michigan. In collaboration with the MC3 program, Starfish Family Services provides local oversight of the Behavioral Health Consultant as they implement MC3 services in Wayne County and works in concert with other regional Behavioral Health Consultants. This program has been funded since FY14-15, and this year's award is **\$73,739**.

## COGNITIVE BEHAVIORAL INTERVENTION IN SCHOOLS

DWMHA received funding in the amount of \$150,000 over a two-year period from the Ethel and James FLINN Foundation for implementation of Cognitive Behavioral Intervention for Trauma in Schools (CBITS) in Wayne County Schools. The grant period is from January, 2017 through December, 2018 with **\$38,350** during FY18-19. Development Centers has implemented the CBITS intervention in three Detroit Public School Community District High Schools.





# CHILDREN & YOUTH SERVED

**17,555 Children, Youth & Families Served**

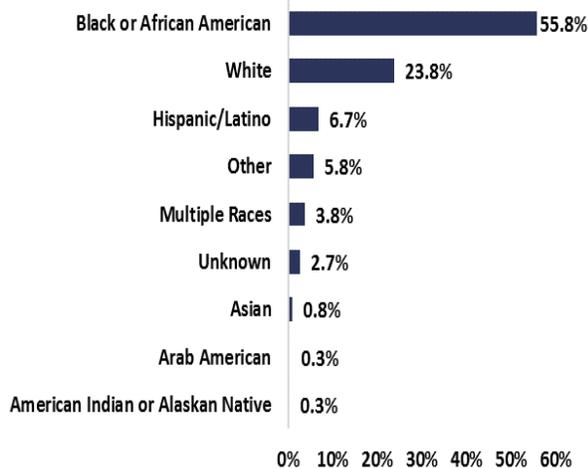
## CHILDREN SERVED BY FISCAL YEAR



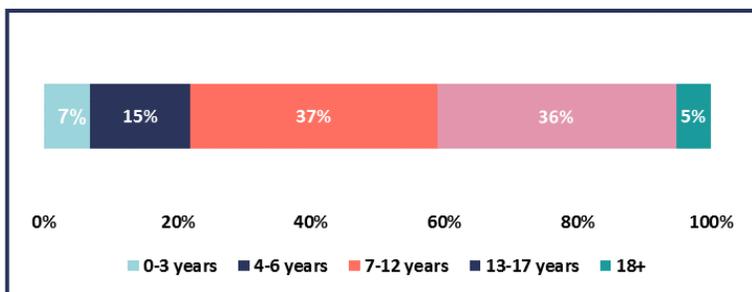
## GENDER



## RACE/ETHNICITY



## AGE GROUP



## SERVICES PROVIDED

**2,812**

Home-Based

**162**

TF-CBT

**453**

Parent Support

**2,160**

Respite/CLS

**\*94**

SED Waiver

**891**

Infant Mental Health

**8,072**

Outpatient

**\*130**

PMTO

**495**

Wraparound

**4,708**

Case Mgmt.

**\*66**

Youth Peer Support

Numbers based on program reporting or claims data collected from MHWIN in November, 2019. Claims may have a 90 day lag, so therefore the data is not reflective of the entire fiscal year. Counts are not unduplicated, as individuals may receive more than one service. \*Counts with an asterisk were obtained from the provider agencies. Race/Ethnicity is based off of primary race/ethnicity.

# YOUTH AND FAMILY INVOLVEMENT

▶ Youth United ▶ Family Alliance for Change ▶ Fatherhood Initiative ▶ Youth Peer Support



## Youth United

A youth-led initiative whose purpose is to promote youth voice and involvement throughout Connections — Wayne County System of Care (SOC).

**Youth Involvement** is a system approach designed to promote meaningful youth participation in all aspects of System Of Care. Decision making should start within a youth's personal treatment. Over time, youth leaders can advance to actively participating in agency activities, sitting on committees, and providing feedback for new and/or existing policies and programs. Youth involvement is simply a group of young people coming together to make a difference on various topics.



### FY HIGHLIGHTS

- ▶ Increased system involvement in Wayne County Youth Involvement meetings by engaging new partners
- ▶ Engaged community youth and parents in SOC events
- ▶ Participated in the hiring of new SOC staff
- ▶ Partnered with system partners and provider agencies to plan and host youth events and activities
- ▶ Created two one-minute videos highlighting personal stories and developed a Memorandum of Understanding (MOU) for the use of the videos at partner agencies
- ▶ Celebrated youth involvement with the 3rd Annual Youth Spotlight Award Banquet
- ▶ Hosted the statewide Youth M.O.V.E. Summit
- ▶ Lead Children's Mental Health Awareness Day activities
- ▶ Shared the impact of youth involvement in Wayne County at state and national conferences
- ▶ Youth United participated in the Walk a Mile Rally 2019 with DWMHA in advocating for mental health services for youth at the state capital

### Metro Detroit Youth Day 2019

On July 10, 2019 Youth United participated in Metro Detroit Youth Day, the largest youth event in Michigan, by hosting a table in the education tent. Youth United staff provided resources and facilitated mindfulness and stress relief activities. Over **1500** people attended the event.



# Children's Mental Health Awareness Day 2019

## CHILDREN'S MENTAL HEALTH AWARENESS DAY WALK

On May 8, 2019, Youth United hosted a Children's Mental Health Awareness Day Staff Walk at DWMHA. This event consisted of staff wearing green and taking a 15 minute walk with a banner that read "Children's Mental Health Awareness Day," in order to support Youth United and raise awareness for Children's Mental Health Awareness Day. There were **93** staff members in attendance.

## LIVING MY BEST LIFE: MENTALLY, PHYSICALLY, AND SPIRITUALLY

In addition to the Children's Mental Health Awareness Walk, Youth United hosted "Living My Best Life: Mentally, Physically, and Spiritually," the annual county-wide project which consisted of mental, physical and spiritual health resources and activities for youth and families on May 11, 2019. The event was held at Wayne County Community College downtown campus. The purpose was to educate and increase awareness in the community about the impact and importance of mental, physical and spiritual health for children, youth and families while also giving them the tools to get active. It consisted of educational and awareness activities focusing on mental health, suicide prevention, stress coping mechanisms and strategies, art therapy activities, parent and youth workshops, Zumba, Yoga classes and more. Approximately **115+** youth, families and community members took advantage and attended.

### Resource table participants included:

- ▶ Detroit Health Department
- ▶ Fatherhood Initiatives
- ▶ Detroit Public Library
- ▶ Youth United/Youth MOVE Detroit
- ▶ DWMHA Substance Use Disorder Department—Drug and Alcohol Prevention
- ▶ American Indian Health and Family Services
- ▶ Family Alliance for Change
- ▶ Metropolitan Organizing Strategy Enabling Strength (MOSES)
- ▶ Leaders Advancing and Helping Communities
- ▶ Full and Fabulous Curvey Girl Project

**STAFF GEAR GREEN OUT!**



**CHILDREN'S MENTAL HEALTH AWARENESS WALK AND RALLY**

**Wednesday, May 8, 2019**

Milwaukee Office Walk Start - 10:00 AM  
NCO Office Meets in Courtyard - 10:15 AM  
Rally - 10:30 AM



Walk will be cancelled and activities will be held in offices in case of rain.

This event is brought to you by Youth United to kick off

2019 Children's Mental Health Awareness Day  
Saturday, May 11, 2019  
WCCCD Downtown Campus



**Living My Best Life:**  
Mentally, Physically and Spiritually

for  
**CHILDREN'S MENTAL HEALTH AWARENESS DAY**

**Saturday, May 11, 2019**  
**10 AM to 2 PM**  
WCCCD Downtown Campus  
1001 W Fort St, Detroit, MI 48226

**Free Fun For The Whole Family!**  
From wellness activities and classes to refreshments and raffles

Presented by:



For more information contact [wcyouthunited@gmail.com](mailto:wcyouthunited@gmail.com)

## SOCIAL MEDIA



### FACEBOOK PAGE

[www.facebook.com/WCYouthUnited](http://www.facebook.com/WCYouthUnited)  
514 Likes and 520 Followers



### TWITTER

[www.twitter.com/wc\\_youthunited](http://www.twitter.com/wc_youthunited)  
333 Followers



# YOUTH MOVE MICHIGAN

**Youth Motivating Others Through Voices of Experience (MOVE) Michigan** is a youth-driven, chapter-based organization dedicated to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems—including mental health, juvenile justice, education, and child welfare. Youth MOVE members work as a diverse collective to unite the voices and causes of youth while raising awareness around youth issues.



- ▶ Youth MOVE Detroit
- ▶ Youth MOVE Saginaw
- ▶ Youth MOVE Kent
- ▶ Calling All Youth MOVE - Kalamazoo

## FY HIGHLIGHTS

- ▶ This year, Youth MOVE Detroit was awarded a \$12,500 grant to increase youth involvement and grow the chapter.
- ▶ Also this year, Youth MOVE Michigan was awarded the Dare to Dream grant where we partnered with other chapters in Michigan, produced a BE SEEN campaign geared towards decreasing stigma, filmed a BE SEEN video for the campaign, partnered in raising awareness about mental health throughout social media, and increased their presence in the community.

## Statewide Youth Summit

- ▶ The Youth MOVE Michigan – BE SEEN Youth Summit took place on Thursday, August 8th, 2019, at the Detroit Marriott Livonia. The keynote speaker was **Nique “Love” Rhodes** who shared her personal story and stressed the importance of positive vibes. Nique also hosted the Open Mic and performed a few of her own songs for the audience. Workshops covered Self-Care, Stigma Busting and Advocacy which was called Youth Power Push. There were a total of **83 participants** at the Youth Summit.



## Staffing updates

- ▶ **As of September 2019, Youth United was almost fully staffed with:**
  - 1 Youth Involvement Specialist**
  - 3 Regional Youth Coordinators**
  - 8 Youth Advocates**



# BE SEEN Project Dare to Dream Grant

## BE SEEN Project — Dare to Dream Grant

The **BE SEEN Project** was developed by Youth MOVE Michigan to help end stigma and spread education and awareness about mental illness in the community, breakdown barriers, and engage youth and young adults in conversations about mental illness, stigma, suicide and trauma. Youth were encouraged to spread awareness through their social media pages with posts and pictures and to share the #BESEEN hashtags.

The **BE SEEN Project** consisted of three components:

- ▶ **Statewide Social Media Campaign:** Each Youth MOVE Michigan Chapter utilized their individual social media outlets to spread awareness using the **#BESEEN** hashtag as well as other hashtags related to mental health. The BE SEEN campaign included a hashtag contest throughout the month of May. Three winners that used the #BESEEN hashtag the most throughout May received a gift card.
- ▶ **Digital Stories:** Youth MOVE Michigan Chapters created videos sharing their personal stories. The videos are now a documentary used to educate and spread awareness across the state throughout May.
- ▶ **BE SEEN Marketing Materials:** Youth MOVE Michigan ordered youth friendly marketing materials for the campaign, which included t-shirts, wristbands, sunglasses, etc.

**Youth MOVE Michigan** completed the Dare to Dream Grant Evaluation and Report for the Be Seen Project. Approximately **400-500 people** were reached and impacted, and roughly **100 people** were interested in being part of the project and Youth MOVE Michigan.





**YOUTH MOVE MICHIGAN YOUTH SUMMIT**

**REGISTER HERE:**  
BESEENYOUTHSUMMIT2019.  
EVENTBRITE.COM

**DATE:** AUGUST 8, 2019  
**LOCATION:** DETROIT MARRIOTT LIVONIA  
17100 N. LAUREL PARK DR.  
LIVONIA, MI 48152  
**TIME:** 10AM - 4:30PM  
**COST:** FREE!



**KEYNOTE!**  
NIQUE LOVE RHODES  
**WORKSHOPS!**  
FOCUSSED ON MENTAL HEALTH AWARENESS

FOR MORE INFORMATION CALL  
(313) 344 - 9099 OR EMAIL  
WCYOUTHUNITED@GMAIL.COM

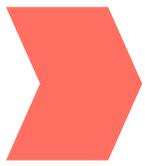
THE FUTURE IS STIGMA FREE.









# NORTHWEST REGION

## FOCUS: AWARENESS & STIGMA

Stigma refers to the attitudes and beliefs that lead people to reject, avoid, or fear those that they perceive as being different. The Northwest Region works to decrease stigma associated with youth receiving mental health services.

### 3rd ANNUAL YOUTH SPOTLIGHT AWARD BANQUET

On September 26, 2019, Youth United hosted a Youth Spotlight Award Banquet for youth and families at the Charles Ellis Conference and Banquet Center. Youth and their families were able to come out, take home amazing red carpet pictures, eat dinner and dessert, and enjoy a night dedicated to recognizing youth throughout Wayne County. The recipients dedicated their time and efforts to accomplish personal goals, create change in the System of Care, and make a difference within their own communities. **Nique “Love” Rhodes** was the keynote speaker and she shared tips on how to be an overcomer and push past barriers holding you back. Regional Director for Senator Gary C. Peters, Mr. James Jackson, shared some insights on what it means to be a leader and offered the youth words of encouragement. Seven youth and one adult were selected from nominations to receive awards. Youth and their families dressed in formal attire and shared this amazing celebration with each other. Attendees included youth, adult supports, adult champions, leadership, as well as family and friends. **54+** people attended the event.



### Award Winners

#### Youth Peer Support Specialist Award

Denasia Robinson

#### Youth Advocate Award

DeMariea Robinson

#### Change Maker Award

Destinee Dale

#### Leadership Award

Guadalupe Torres

#### Advocacy Award

JaBreona Mackie

#### Perseverance Award

Kiera Harris

#### Volunteerism Award

Brannon Carson

#### Adult Youth Champion Award

Amy Johnson



## Anti-Stigma Campaign

Northwest Region has and continues to reach out to community partners and schools to promote and schedule Stigma Busting Workshops. During FY18-19, the following took place:

- ▶ A Stigma Busting Workshop was held at Lincoln Behavioral Services on June 4, 2019. There were **21 participants** including parents and youth.
- ▶ A Stigma Busting Workshop was held at The Children's Center on July 18, 2019. There were **17 participants** including parents and youth.
- ▶ On July 25, 2019, Youth United presented the Stigma Busting Workshop at the Youth Suicide Prevention and Mental Health Workshop hosted by Center for Urban Youth and Family Development at Hartford Memorial Church. There were **25 youth and adults present**.



## Resource Tables and Events to Increase Youth Voice and Involvement

- ▶ Northwest Region participated in the Ok2Say resource event at the Bel Air Theatre held by the Detroit Police Department on December 13, 2018. The event consisted of a presentation by Ok2Say and focused on suicide and violence prevention in schools. After the presentation everyone was able to network and share resources. There were a total of **25 participants**.
- ▶ Northwest Region provided resources and Youth United swag at the Suicide Coalition Winter Chill Movie Day on February 21, 2019 at the Bel Air Theatre. Youth Advocates also spoke about suicide prevention and share prevention and awareness information with youth. There were a total of **35 youth and parent participants**.
- ▶ Youth United provided resources at the Youth Opioid Summit September 12, 2019 and September 13, 2019 at The Durfee Innovation Society. September 12th was for high school age youth and September 13th was for young adults ages 18-24. There were approximately a total of **500 individuals** participants for both days.
- ▶ Youth United provided resources and swag on April 10, 2019 at the Kid's TALK Poetry Slam. There were about **150 individuals** present.
- ▶ Youth United Northwest Region provided resources and Youth United swag at two March DADness events. One resource table was at The Children's Center on March 22, 2019 and the other was at Hope of Detroit Academy School on March 23, 2019.
- ▶ Resources were also provided at the following events:
  - ▶ The Teen Mental Health Forum with Caleb's Kids at the Ferndale Library on May 4, 2019
  - ▶ Children's Mental Health Awareness Day at Wayne County Community College Downtown campus on May 11, 2019
  - ▶ Robichard High School in Dearborn Heights for their Mental Health Awareness Forum on May 23, 2019
  - ▶ Stop the Bullying Event with Bridging the Gap in Southgate on May 31, 2019. Be Seen and Youth United swag and resources as well as mental health fact sheets, tips for teens, and stress relieving information were provided.





# EAST REGION

## FOCUS: TRAINING

Youth United's East Region facilitates trainings throughout all of Wayne County and Michigan for youth and stakeholders. Most trainings range from two to four hours and include a variety of interactive activities and discussions on topics that help youth become comfortable with who they are and how they can make a change in the community.

### Focus Groups

- ▶ Youth United East Region and Central Region collaborated with The District 1 Community Action Network (D1CAN) to host a Youth Forum on July 24, 2019. Roundtable discussions related to **Gun Violence, Community Safety, Youth Involvement, Social Media, Trauma and Conflict Resolution and Mental Health** occurred. This information is being used to determine **youth needs** in the community as well as provide insight for implementing Youth United activities and trainings. There were **60 youth** present at the Youth Forum and **17 parents** present for the Parent Workshop.
- ▶ Youth United East Region conducted focus groups with several students at Wyandotte School in May and June. The purpose of these focus groups was to brainstorm on training and workshop topics where needed and to gather feedback from students in order to assemble a training series. Youth United East Region also created a monthly training series for three different groups of students, ages 12-22, that will be implemented in October 2019 as part of the **Youth Under Construction Leadership Training Series**. There were two different small groups that participated in the activity totaling **15 students**.

## Courageous Conversations: A Community Forum for Youth, Parents, and Community Leaders

The Courageous Conversations series was developed to provide youth, parents, and community partners with a platform to have conversations around topics that are not occurring in everyday conversations. These conversations provide insights on ways community members can work together to overcome barriers and support young people with mental health needs.

### Better Supporting LGBTQ+ Youth

On August 23, 2019, East Region hosted a Courageous Conversation at Northeast Guidance Center in partnership with the Ruth Ellis Center (REC) around how to better support LGBTQ+ youth. The event consisted of a REC presentation and video by Sterling Clemmons, Youth Services Manager, and an open discussion. They shared their personal stories as it relates to the support they wished they had before being connected to REC. Some struggled with homelessness, coming out to their families and friends and not having the support needed as it relates to mental illness and more. It was an eye opening conversation that also enlightened the audience on the statistics of LGBTQ+ youth and homelessness. There were nine people present which helped allow for an intimate conversation of how we can do better in showing support for LGBTQ+ youth.



Ruth Ellis Center, Youth United, and DWMHA invite you for an evening of...

### Courageous Conversations

AUGUST 23, 2019  
5:30 PM - 7:30 PM

NORTHEAST GUIDANCE CENTER  
2900 CONNER AVENUE, BUILDING A  
DETROIT, MI 48215

Please join us in a roundtable and panel discussion on how to engage the community in better supporting LGBTQ+ youth.

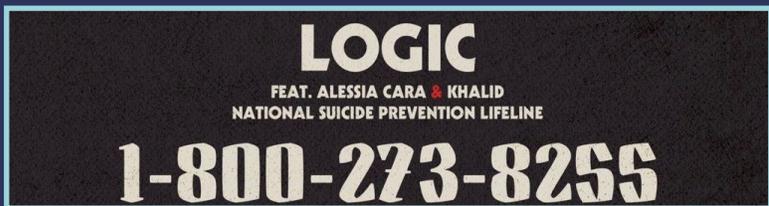


## Suicide and Bullying Training at East English Village Preparatory High School

On Tuesday, October, 2, 2018, Youth United did a Bullying and Suicide training at East English Village Preparatory High School for 9th graders as there had been several instances and conversations amongst the 9th graders about completing suicide.

**1-800-Suicide** by LOGIC video was shown and discussed, which allowed youth to recognize the signs and symptoms as well as share some personal stories of their own. There were a few students who stated they enjoyed the discussion because they had never had an opportunity to share their personal journeys before.

Youth United advocates, **Kemarian Thacker** and **Bethany Boik** were able to share their personal stories with the youth and help them to see that they were not alone. Four different classes participated totaling roughly **115 students**.



## Question, Persuade, and Refer (QPR) Training

East Region facilitated a QPR training for the Youth Peer Support Specialists and their Supervisors on April 23, 2019 at The Guidance Center. The QPR training focuses on helping people recognize the **signs and symptoms of suicide**, becoming comfortable with asking the suicide question, persuading the person to get help and referring them to the proper resources. It is considered a basic training; however it is a good start to getting everyone comfortable when it comes to recognizing a suicidal situation. The Youth Peer Support Specialist as well as their supervisors were able to engage in conversations and role play as it related to the situations they may come across in their work with youth and the Cornerstone program. There were **8 Youth Peer Support Staff and Supervisors** present for the training.

## Youth MOVE National Webinar

East Region facilitated a webinar "**Conducting Youth Focus Groups**" with **Youth MOVE National and Substance Abuse and Mental Health Services Administration (SAMHSA)** on April 24, 2019. The content of the webinar included ways to do a focus group, the role of a facilitator, different strategies to use when holding focus groups and the importance of using feedback from youth to develop programs and projects. Participants shared that the webinar was informational, engaging and very helpful. A lot of the questions centered on how to better engage young people and how to help them to open up, etc. There were **50 people** that participated in the webinar.

## Conducting Youth Focus Groups

Brittany Horton  
Regional Youth Coordinator  
Youth United/Youth MOVE Michigan

Kemarian Thacker  
Youth Advocate  
Youth United

Detroit, Michigan  
April 24, 2019





# CENTRAL REGION

## FOCUS: ADVOCACY

Youth United's Central Region focuses on promoting advocacy for youth by ensuring youth representation on committees, promoting youth-friendly environments, and guaranteeing youth voices are being heard throughout the System of Care.

### Faces of Trauma

On February 27, 2019 Youth United and Youth MOVE Detroit participated in The Children's Center's Faces of Trauma event. The youth performed a skit, participated on a panel, and facilitated a resource table at the event. Youth were really engaged and eager to hear stories from people with diverse backgrounds, as well as sharing their own experiences as it relates to trauma. There was a mask showcase and multiple discussions around trauma. There were **49 people** in attendance.



### Kids-TALK Poetry Slam

On April 10, 2019, Youth United and Youth MOVE Detroit partnered with Kids-TALK Advocacy Center in order to assist them with their Annual Poetry Slam. **10 Youth** competed to become this year's slam champion. During the event, Youth United and Youth MOVE Detroit were able to conduct a table with resources for upcoming events and recruitment information for youth. There were over **180 people** in attendance.

The Kids-TALK Children's Advocacy Center presents its fifth annual youth Poetry Slam

Words have power. They can change lives. They tell our stories and spread awareness. We want to hear your words.

We need young poets for our annual Kids-TALK CAC Poetry Slam. We ask poets to speak out for those affected by trauma (i.e. the things that cause great distress and emotional pain).

**Wednesday, April 10, 2019**

Cost: FREE • Open to the public  
4:30 - 5:30 p.m. Browse the museum, light refreshments  
5:30 - 7:30 p.m. Poetry Slam

Museum of Contemporary Art Detroit (MOCAD)  
4454 Woodward Avenue  
Detroit, MI 48201  
Free parking behind building.

**Free admission!**  
**Prizes awarded!**

All youth participants are required to attend a preliminary meeting to obtain rules for participating.  
For more information or to register a youth poet ages 13-21, contact Lacey Zavala at 734-785-7705 x7291 or lzavala@guidance-center.org.

THE GUIDANCE CENTER Kids-TALK Children's Advocacy Center MOCAD

### End Gun Violence

On July 24, 2019, Youth United, Youth MOVE Detroit, and Councilman James Tate's D1CAN Initiative hosted a Youth Forum at The Children's Center. Youth were able to engage in multiple table discussions with topics including Gun Violence, Gun Safety, Social Media, Youth Involvement, Trauma, Conflict Resolution, and more. There were **60 youth** and **17 parents** who participated. The youth received gift cards and a "Stop the Violence" Youth MOVE Detroit T-Shirt.

### Caleb's Kids' Teen Workshop

On May 4, 2019, Youth United attended Caleb's Kids' Teen Workshop. The workshop was geared towards educating youth about mental health, reviewing statistics, and finding ways to break the stigma. During the workshop two Youth United members were selected to participate on a panel and receive various questions from all of the participants.

# Youth MOVE Detroit

Youth Motivating Others through Voices of Experience (MOVE) Detroit is Youth United's Youth Advisory Council. This council was created to serve as a System of Care committee for youth throughout Wayne County. These meetings give young people the tools to build leadership, presentation, communication, and a host of other skills to build their resume. These meetings allow youth to share concerns, find solutions based on their community and lived experiences. Youth can also network and share information that others can benefit from, attend multiple training opportunities, and empower youth throughout Wayne County.

This year Youth MOVE Detroit has continued to grow. With more than **10 new youth** expressing interest, Youth MOVE Detroit has gained new members.

Youth MOVE Detroit members have partnered in multiple community events, met new partners, and have assisted in several projects. This year has truly been a journey for the youth advisory council. They continue to meet twice a month, barrier bust with Youth United and others in the community. They also have worked on projects and presentations, hosted events, and engaged youth in "Hot Topic" discussions.

## Open Houses

- ▶ On April 3, 2019, Youth United and Youth MOVE Detroit hosted an Open House at The Children's Center. The theme was artistic expression. Youth were able to participate by enjoying food, painting canvases, and participating in the Open Mic session (which included acting, singing, dancing, spoken word, and more). In addition they learned more about Youth MOVE Detroit and how to join. During the event, a presentation was given about Youth United and Youth MOVE Detroit. Creative Movement Brazil performed an instrumental piece. Youth performed a skit related to trauma and several applications were filled out to join the youth advisory council. There were approximately **40 people** in attendance.
- ▶ On September 12, 2019, Youth United and Youth MOVE Detroit hosted another Open House at Detroit Roller Wheels Skating Rink. During the event, members shared information about the advisory council. Attendees enjoyed food, beverages and giveaways as they learned more about Youth MOVE Detroit. There were approximately **50 people** in attendance.

**YOUTH MOVE DETROIT**

**OPEN HOUSE**

**April 3<sup>rd</sup> 2019**

Calling All Youth Ages 14-25!!! Youth *M.O.V.E* Detroit will be hosting our biannual Open House. We would like you to join us and express yourself! Come show off your talent while learning about *Youth Advisory Council, Youth M.O.V.E. Detroit*. Our council is made up of youth building leadership skills, bringing change to the community, advocating, and creating change through a variety of youth-led projects in the Wayne County area.

**\*\* OPEN MIC \*\***

Artistic Expression

Youth will have the opportunity to express themselves through:

**\*Singing \*Dancing \*Acting \*Spoken Word And More!!**

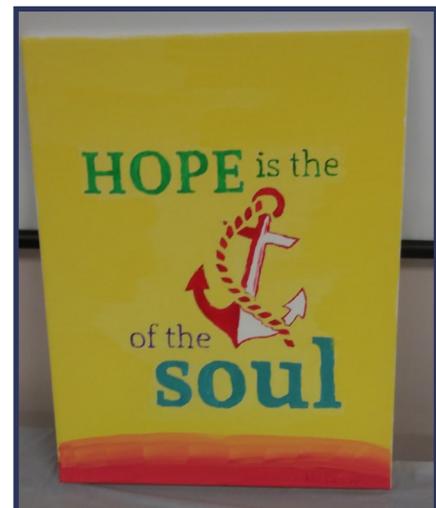
**Time**  
5:00PM—7:30PM

**Location**  
**THE CHILDREN'S CENTER**  
79 W. Alexandrine St.  
Detroit, MI 48201  
Building 79, Training Rooms A, B & C

**For more information or to sign up for one of our Open Mic slots, please contact :**

**Tyanna McClain**  
313.324.8580  
tmcclain@thechildrenscenter.com

Logos at the bottom include: the CHILDREN'S Center, DWMHA, Youth United, and CONNECTIONS WAYNE COUNTY SYSTEM OF CARE SYSTEMS IN ACTION FOR CHILDREN, YOUTH AND FAMILIES.





# FAMILY ALLIANCE FOR CHANGE

**Family Alliance for Change (FAFC)** is a parent driven, peer-to-peer service with the objectives of supporting, educating and empowering parents with special needs children to meet their family’s goals. FAFC provides a family/youth friendly atmosphere where family support, advocacy, referrals, resources and education are offered to all Wayne County Families.

## TRAINING & ADVOCACY

### Parent Forums

FAFC partnered with Development Centers, Lincoln Behavioral Services, The Guidance Center, and Starfish Family Services in hosting quarterly Parent Forums. A total of **100 participants** attended the forums. Topics included Understanding the Special Education Process, Advocating for Students Success, Navigating the Juvenile Justice System, How to be Actively Involved in Each Step of the Process, Dealing More Effectively with your Child’s Challenging Behaviors, and Understanding the Benefits: What you need to know about Social Security, Department of Health and Human Services and others.

### Stigma Busting Parent Workshop

FAFC teamed with Youth United to bring **two Stigma Busting Parent workshops** in collaboration with Lincoln Behavioral Services and The Children’s Center. **43 parents** attended the workshop.

### SOC Advisory Council Meetings

**20 parents** participated in the System Of Care (SOC) Advisory Council meetings in FY18-19. The group finalized the Youth and Parent Involvement Protocols. The Council elected a new parent co-chair and is working on filling the youth co-chair vacancy. The Council welcomed **4 new members** this fiscal year. The Council has provided parent input to several SOC workgroups, and continues to participate and advise in the Children’s System Transformation and Cross System Management meetings. The SOC Advisory Council coordinated presentations on Wraparound Services, Cornerstone Program, and Assistive



Technology to inform parents on available programs and services.

### Parent Support Partners (PSPs)

Since FAFC transitioned to Southwest Counseling Solutions in September 2017, PSPs now work on site at their assigned Community Mental Health (CMH) agencies with Southwest Counseling Solutions hosting as the FAFC central site.

**453**

**FAMILIES SERVED**

**12**

**PSP PROFESSIONAL DEVELOPMENT/TECHNICAL ASSISTANCE MEETINGS WITH AVG 80% ATTENDANCE**

**4**

**NEWLY HIRED PARENT SUPPORT PARTNERS**

**16**

**PARENT SUPPORT PARTNERS ACROSS WAYNE COUNTY**

**14**

**PSP ATTENDED WRAPAROUND CONSULTATION**

# EVENTS & ACTIVITIES

## Santa Day

**531 guests including children and families** were present on December 15, 2018 to participate in activities such as arts and crafts, pin the nose on the snowman, and pin the nose on the reindeer games, coloring activities, and scratch off ornaments. Families received a picture with Santa, door prizes, stocking stuffers and giveaways to enrich the holiday season.



## Easter Egg Hunt

**287 community members including children and families** participated in the Easter Egg Hunt on April 18, 2019 at Vista Partnership. Activities included coloring Easter bags, making foam Easter eggs, bunny headbands and an Easter egg hunt.



## Future Stars

Future Stars served **53 youth** ages 8-16 years during FY18-19 with opportunities to improve interpersonal skills and encourage leadership within the SOC and individual communities. The youth participated in community engagement during the course of 12 meetings throughout the year.

## Back to School Bash

Approximately **1200 people** attended the Back to School Bash on August 16, 2019, held at Clark Park. Backpacks full of school supplies and resources were handed out. A dental clinic was on-site providing free screenings. There was food, bounce houses, a video game truck, resource tables, and a train was on-site to provide rides around the park.



## Harvest Fest

On October 31, 2018 FAFC partnered with Our Inner Circle to host the annual Harvest Fest "A Night to Dream" at the Michigan Science Center. FAFC distributed over **700 free admission tickets** across Wayne County. FAFC provided shuttle services from three different locations; over 100 families utilized the transportation to attend the event. Parents and children came from across Wayne County to enjoy hours of activities, games and trick or treating.

## BILINGUAL Services and Supports

90

**WAYNE COUNTY RESIDENTS SERVED**

### Spanish Support Group

**158** Spanish Speaking parents attended FAFC's Bi-monthly Spanish Support Group

6

**TRAINED LEGAL SELF-HELP NAVIGATORS**



# FATHERHOOD INITIATIVE

The mission of the Wayne County Fatherhood Initiative (WCFI) is to support healthy families through nurturing fathers and male caregivers.

## MARCH DADNESS

WCFI hosted the 3rd Annual March DADness event on two separate days for the first time — at The Children’s Center on March 22, 2019 and March 23, 2019 at Hope of Detroit Academy. Agencies/ organizations involved included The Children’s Center, Southwest Counseling Solutions, The Order of The Fishermen/Thrive by Five, Black Family Development Inc., and KeyWay to Kids. Dads were able to watch their favorite college teams play in the national college basketball tournament, engage in some one-on-one activities and partner with the youth in a “Spelling D,” where all words had a connection to the City of Detroit. Dads were able to receive resources pertaining to Fatherhood programs, health services, legal aid, education and employment opportunities, as well as services provided by the community mental health agencies. Local colleges and universities donated sports-related items such as basketballs, footballs, athletic jerseys and shirts to give to the youth. Universities included Wayne State University, Eastern Michigan University and Oakland University. This event drew **110 attendees**.



## Fatherhood Forum

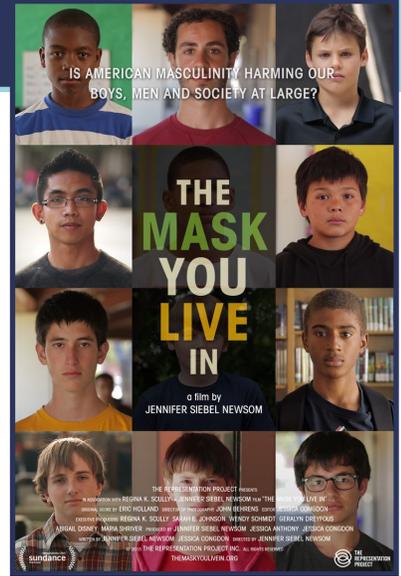
“The Power of Fatherhood” was the theme for the 2019 Fatherhood Forum. This event was held at Greater Grace Temple on June 20, 2019. A stirring keynote address was delivered by **Willie Brooks**, President and CEO of DWMHA. Workshop presenters included Heaster Wheeler, Michigan Assistant Secretary of State and Hulen R. Simpson, Friend of the Court referee from the Third Judicial Circuit Court.

Highlights included – Panel discussion on the “The Power of Fatherhood” moderated by George Winn, Chief Operations Officer of The Children’s Center. This diverse panel included Judge Kathleen McCarthy, 3rd Circuit Court, Justin Kimpson, Senior Director of the Ford Resource & Engagement Center, DWMHA Board member Angelo Glenn and others. This event drew **120 attendees**.



# The Mask You Live In

WCFI and The Children’s Center held a screening/roundtable discussion of the documentary “The Mask You Live In” on September 12, 2019. This documentary was created by filmmaker Jennifer Siebel Newsome, creator of “The Representation Project,” followed boys and young men as they struggle to stay true to themselves while negotiating America’s narrow definition of masculinity. Professionals, parents and male youth engaged with a diverse panel on how the media, peer groups and parents, pressure our young males to adopt negative stereotypes of what is to become a “real” man, defining “hyper-masculinity” and what can be done to raise a healthier generation of boys and young men. This event drew **45 attendees**, which included five male youth from the community.



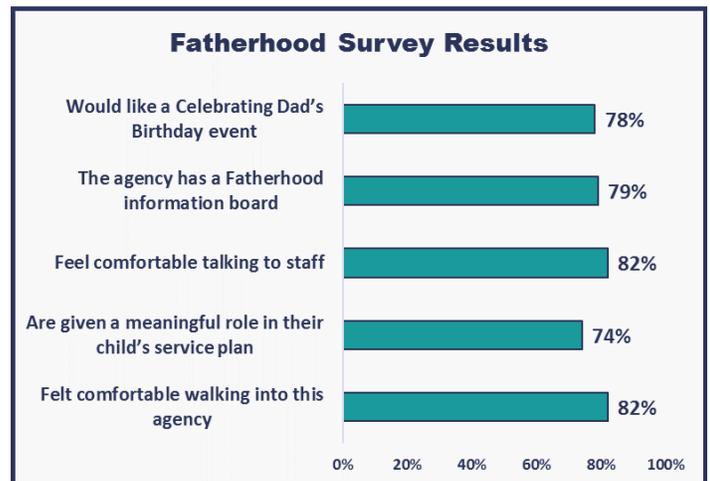
## Fatherhood Advisory Committee



WCFI partnered with the Detroit Fatherhood Policy Group. This group, comprised of fatherhood colleagues in the Detroit Metro area, will work under the guidance of the statewide Michigan Action Plan for Father Involvement (MAP-FI) advisory group. The goal is to identify resources, to increase support to fathers, and to decrease the barriers they face in their involvement with their families. Currently the Detroit Fatherhood Policy Group is focusing on identifying the ways in which current child support laws impact fathers in the Metro Detroit area and policy revisions that might be recommended to the Michigan legislature.

## Fatherhood Survey

As part of WCFI efforts to support fathers/agency engagement, WCFI asked CMH agencies and community partners to participate in a fatherhood survey to assess the agency’s capacity to engage staff in delivery of services and increase father involvement. The survey was distributed in the third quarter of FY18-19. The survey received **23** respondents. WCFI will revisit the survey and distribute it again in the second quarter of FY19-20.



# CROSS SYSTEM YOUTH

▶ CYPM ▶ ICBS ▶ Baby Court ▶ Juvenile Mental Health Court ▶ TFCO ▶ SED-Waiver



## Crossover Youth Practice Model (CYPM)

The Crossover Youth Practice Model (CYPM) addresses the unique needs of youth that are at risk of or are fluctuating between the child welfare and juvenile justice systems. These youth are commonly referred to as “crossover youth.”

### CYPM IMPLEMENTATION TEAM

The CYPM team meets every other month to discuss strategies to be consistently implemented within a system and to ensure resources are shared to maximize their impact. Founded on the principles of information exchange, coordination and collaboration between child welfare and juvenile justice professionals, the CYPM team meetings continue to create an open communication forum between the Care Management Organizations (CMO’s) and the Michigan Department of Health and Human Services (MDHHS) case worker, ensuring they exchange information in a timely manner and maximize the services utilized by each system. DWMHA staff also attend meetings and provide behavioral health support and guidance. During the FY18-19, the CYPM team averaged two case analysis each meeting during which a plan to achieve goals was developed and appropriate services were identified and implemented. The meetings also serve as a forum for peer-to-peer learning opportunities with other sites in the CYPM network. At the meetings, workers share updates on their organization structure, policies and procedures to improve system functioning and outcomes for youth.

### The CYPM has four goals:

1. Reduction in the number of youth crossing over and becoming dually-involved;
2. Reduction in the number of youth placed in out-of-home care
3. Reduction in the use of congregate care; and
4. Reduction in the disproportionate representation of youth of color, particularly in the crossover population

### 50 Youth Served

Since the launch of the Crossover Youth Practice Model in June 2017, **78 youth** have been served and **49 youth** have been discharged with a success rate of **84%**

### Outcomes Linked to the Crossover Youth Practice Model

1. An overall reduction in recidivism, a reduction in the severity of new crimes, and an increase in the time before recidivism;
2. An increase in cases being dismissed or diverted and a reduction in sustained juvenile petitions;
3. An improvement in crossover youth living at home and a reduction in detention and congregate care;
4. An improvement in pro-social behavior.



# Integrated Community Based Services (ICBS)

ICBS is an integrated approach to service delivery for multi-system youth. It provides a variety of services designed to intervene with supportive mental health services when youth are having problems coping in their environment; dealing with traumatic, stressful events and/or changes; behavioral problems at home or school; and/or experiencing symptoms of mental illness. Services to children and youth are based on each individual child (and family's) specific needs, challenges and goals assessed and identified in the plan. Services include psychiatric assessment and review, group, family and individual therapy using evidence-based practices, cognitive behavioral therapy, parent management training and family support group. Services are provided along a continuum of care within the DWMHA service array for children enrolled in Medicaid children's mental health services.

## ICBS Key Program Components:

- ▶ Assured Family Services — ICBS Coordinators are located at CMOs
- ▶ Comprehensive Evaluation
- ▶ Early Period Screening, Diagnostic and Treatment (EPSDT)
- ▶ Integrated Treatment Teams
- ▶ Care Coordination Plan Management
- ▶ Progress Monitoring
- ▶ Community and Home-based Services
- ▶ At-Risk (Trauma) Screen

## Eligibility Criteria:

- ▶ Wayne County resident in the Juvenile Justice System
- ▶ Medicaid Eligible
- ▶ Have a disability designation of Serious Emotional Disturbance (SED) or Intellectual and/or Developmental Disorder (IDD)
- ▶ Ages 7-21 years of age

## 4 Partnering CMOs

**600** Youth received ICBS Care Coordination in FY18-19

**100%** Youth had an SED or DD

## Designation

**85%** of Youth Linked to Services and Supports

## Percentage of Youth Connected to Services by CMO

**83%** Bridgeway Services

**84%** Central Care Management Organization

**95%** StarrVista

**76%** Western Wayne Care Management



# Juvenile Mental Health Court

**The Juvenile Mental Health Court (JMHC) is a problem-solving court that combines judicial supervision with community mental health and other support services in an effort to reduce court contact and improve the quality of life for program participants.**

## MISSION

The mission of the Third Judicial Circuit Court’s Juvenile Mental Health Court is to identify youth with mental health issues and divert them from the formal court docket; to connect youth and their families to appropriate services in the community; to reduce the number of youth with mental health issues who reoffend; and to increase adherence to appropriate services for mental health issues by using a multidisciplinary team approach to develop and monitor service plans and compliance.

## SERVICES

- ▶ The Juvenile Mental Health Court is supervised by Judge Edward Joseph. Youth and their families have weekly status review hearings and the Judge closely monitors JMHC cases. The Judge rewards progress through the program with various incentives, and sanctions noncompliance with graduated sanctions.
- ▶ Clinical assessments, home-based therapy, medication reviews, and other clinical groups are provided by DWMHA partners. JMHC has active cases with The Clinic for Child Study, The Children’s Center, Lincoln Behavioral Services, Starfish Family Services, Southwest Counseling Solutions, Development Centers, and The Guidance Center. Home-based therapy provides a therapist in the home for 2-20 hours per week, as needed by the individualized needs of the family.
- ▶ Drug testing, assessment and treatment referrals as well as case management and other community support services will be provided through the court’s case management team.
- ▶ Education Advocacy is provided by the Michigan Children’s Law Center. They assist in scheduling, attending and designing Individual Education Plans, 504 Plans, Determination Review Hearings, and school disciplinary proceedings.
- ▶ JMHC engages in community service projects, hosts educational events such as NAMI, In Our Own Voices, and the Michigan Association on Adolescent Sexual Awareness (MOASH) Sexual Awareness class.



Judge Joseph and the JMHC Team presenting at the Association of Michigan Treatment Court Professionals in Lansing

**The Juvenile Mental Health Court has served 86 Youth and Families since the program started in 2016. 38 Youth have graduated successfully from the program.**

**JMHC has 23 active participants with 3 pending admissions to the program.**

### Number of Cases by provider partner

- 10 Clinic for Child Study**
- 8 Development Centers**
- 1 Lincoln Behavioral Services**
- 3 The Guidance Center**
- 1 The Children’s Center**



# Treatment Foster Care- Oregon (TFCO)

Treatment Foster Care - Oregon (TFCO) is an evidence-based practice developed as a community-based alternative to hospital, residential, and other inpatient treatment settings for children with significant emotional and behavioral challenges. TFCO offers intensive, behaviorally-focused, and data-driven clinical treatment in a non-restrictive and community-based setting. DWMHA is one of the sites in Michigan chosen to implement this model, offered as a service for children and youth enrolled in the Serious Emotional Disturbance Waiver (SEDW). The Children's Center (TCC) was selected as the first service provider by DWMHA to serve children in Wayne County. The TFCO program at TCC ended on September 30, 2019.

## ACCOMPLISHMENTS

- ▶ **Three additional therapeutic homes** licensed in FY18-19.
- ▶ **Six total licensed therapeutic homes**
- ▶ **Two TFCO-C therapeutic home trainings** were provided to prospective therapeutic parents.
- ▶ Second clinical placement occurred in December 2018, third placement occurred in April 2019, and fourth placement occurred in May 2019.
- ▶ Referral sources included: Internal referrals (TCC), other Wayne County Community Mental Health agencies, Hawthorn Center, Wayne County Juvenile Mental Health Court, and Child Protective Services.
- ▶ **14 orientations** were held in FY18-19.
- ▶ **18 individuals** attended TFCO training.
- ▶ **Three training sessions** have been held.
- ▶ TCC completed its first fidelity assessment in August 2019, with good progress towards meeting requirements.
- ▶ Wayne State University is in the process of evaluating the TFCO program. TCC administered the required assessment tools and provide data to Wayne State University for program evaluation purposes.

**9 children** have been referred to the program and **7 children** were approved based on program and medical necessity

**2 children** have completed TFCO services

**Average length of treatment was 143.5 days or 4.7 months**

**1 child** is currently participating in TFCO services

**0 children** have required hospitalization while participating in TFCO services

**All clients who exited TFCO services were able to step-down to a lower level of care**



# SED Waiver

The Serious Emotional Disturbance Waiver (SEDW) program provides an array of community mental health services to children and youth ages 0-21 who are involved with child welfare, have been adopted, or are seeking community mental health services under Medicaid.

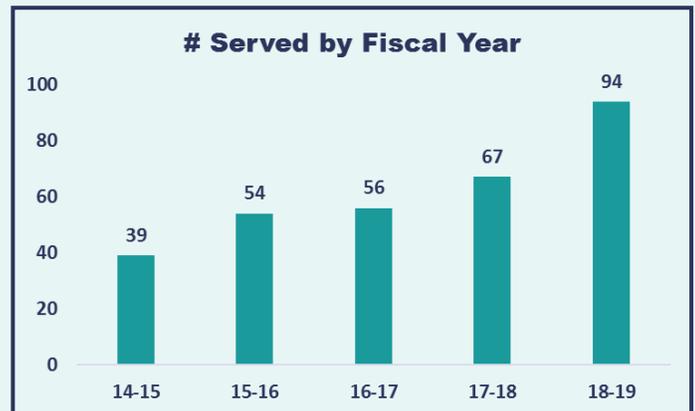
## ACCOMPLISHMENTS

- ▶ Number of youth served in the SEDW program increased by **40%**
- ▶ All five SEDW providers received training from MDHHS on the Choice Voucher as well as the new changes that will be occurring within SEDW in FY19-20
- ▶ Continue to strengthen our relationship/collaboration with our local MDHHS district offices
- ▶ The first year of the Treatment Foster Care Oregon (TFCO) program was completed and in total, 4 youth that were served were also enrolled in the SEDW program

## AGENCIES

- ▶ Black Family Development, Inc.
- ▶ Development Centers
- ▶ Southwest Counseling Solutions
- ▶ The Children’s Center
- ▶ The Guidance Center

## # Served by Fiscal Year



# Baby Court

The Wayne County Baby Court is a specialized court within the judicial process with a focus of providing Infant Mental Health (IMH) services for infants and toddlers under the jurisdiction of the Family Court. In collaboration with MDHHS and CMH agencies, Baby Court aims to improve safety, permanency, and well-being for children in foster care. A continued goal is to secure funding to hire a coordinator to support and expand the cross system collaboration, coordinate referrals, and track outcome data. Wayne County also participates in state-led Baby Court efforts, including a new plan to develop an educational video to help increase support from stakeholders.

## ACCOMPLISHMENTS

- ▶ Three trainings in FY18-19 occurred. 43 DHHS workers, 34 clinicians and 16 attorneys were trained on core components, developmental needs of infants and toddlers and working with the court.



# Applied Behavioral Analysis Benefit (ABA)

The Applied Behavioral Analysis (ABA) Benefit is a \$60 million Medicaid Service providing ABA therapy to youth up to age 21 who have an Autism diagnosis and meet medical necessity criteria. \*\*\* The ABA Benefit is not funded by the SOC Block grant; however, it is work that falls under the Children’s Initiatives Team.

## What is Autism Spectrum Disorder (ASD)

ASD is a developmental disability. Scientists do not know the cause of ASD, which can impact a person in different ways. People may have problems with social, behavioral, and communication skills that impact ways of learning, paying attention, or reacting to things. It begins during early childhood and continues throughout a person's lifetime. A person with ASD might:

- ▶ Avoid eye contact and want to be alone
- ▶ Get upset by minor changes
- ▶ Have delayed speech and language skills
- ▶ Have obsessive interests
- ▶ Have trouble understanding other people's feelings or talking about their own feelings
- ▶ Not respond to their name by 12 months
- ▶ Repeat words or phrases over and over

## ASD Trainings

DWMHA hosted **10 trainings** with a total of **244 attendees** in FY18-19. Some of the training topics include: Effective Supervision of Behavior Technicians, Helping Your Clients Prepare for Independent Living Today, and Behavior Technician Learning Series: Ethics in Behavioral Analysis.

## What is ABA?

ABA is an intensive, behaviorally based treatment that uses various techniques to bring about meaningful and positive changes in the communication, social interaction, and repetitive/restrictive behaviors that are typical of ASD. Each child has an individualized Intervention Plan that breaks down desired skills into manageable steps. Each plan is designed for the individual needs of the child and will include an average of 5 to 25 hours of direct interventions per week depending on medical necessity. These services are intensive and can be provided either in the home or in a clinic. ABA interventions involve parent/guardian training and participation.

DWMHA added **3 new ABA providers** during FY 18-19 for a total of **15 ABA providers** throughout Wayne County.

**1,569 cases** were open through the third quarter of FY18-19 with the largest concentration of enrollee’s age 10 or younger.

DWMHA receives approximately **100 referrals** from Wellplace per month for the ABA benefit.

## 2019 Autism Conference

DWMHA's 2019 Autism Conference Ability & Assets: From Adolescence through Adulthood took place on April 10, 2019 at Burton Manor in Livonia. Attendees had the opportunity to learn about relevant topics and best practices in the Autism field that spanned across the lifespan. The morning keynote, Dr. Kara Brooklier, presented on A Lifetime of Autism: A Developmental Understanding of ASD and Notable Transition Periods while the Michigan Department of Health and Human Services (MDHHS) Behavioral Health Developmental Disability Administration Children & Adults with Autism section staff provided an update in the afternoon. 261 clinicians, advocates, and family members attended the annual conference.





# INTEGRATED CARE

## Screening Kids In Primary Care Plus

Screening Kids in Primary Care Plus (SKIPP) continues to work successfully in two clinic sites, Beaumont Family Medicine in Westland and Henry Ford New Center One pediatrics. The embedded Pediatric Behavioral Health Consultant works on the medical team to detect mental health and other needs during the pediatrician visit and co-manages patient care within the medical team.

### TRAINING & WORKFORCE DEVELOPMENT

- ▶ The Behavioral Health Consultant (BHC) completed a certificate program in Integrated Behavioral Health and Primary Care, Mindfulness for Children/Adolescents and Psychophysiology of Trauma
- ▶ New Resident training program in partnership with Beaumont Health at the Westland Clinic includes educational lectures by the Behavioral Health Consultant and the supervisor on Social Determinants of Health (with a focus on the needs of the population served by the clinic), Trauma, Integrated Health Care and Brief Interventions.
  - ▶ New Resident training program includes ½ day shadowing of the BHC
  - ▶ New Center One Clinic: medical student is shadowing the BHC
  - ▶ Training of Master's Level intern from the University of Michigan School of Social Work: Detroit Scholars program

### Children Served by SKIPP

- ▶ **733 children served**
- ▶ **290 children served in person**
- ▶ **433 children served by phone**
- ▶ **229 children referred to mental health services**
- ▶ **36 CAFAS/PECFAS assessments for level of care referrals**
- ▶ **92 CMH service coordination**

### Survey results of education and working with a SKIPP BHC:

- ▶ **100% strongly agree** that working with the BHC increases awareness of social and emotional factors that impact the physical health of patients
- ▶ **100% strongly agree** that working with the BHC increased knowledge of community resources and how to access them
- ▶ **100% strongly agree** that working with the BHC strongly impacted job satisfaction
- ▶ **100% strongly agree** that working with a BHC enhanced the quality of care to patients

DWMHA's Integrated Healthcare Department provides Complex Case Management (CCM) services to support individuals with difficult medical and behavioral health concerns. CCM integrates behavioral and medical health services and ensures linkage to the needed services.

# TRAUMA-INFORMED CARE

The Behavioral Health Consultant brings trauma-informed practices to medical patients by:

- ▶ Utilizing trauma screenings during patient assessments and providing psychoeducation to families on symptoms, early detection and intervention, as well as normalization of mental health services.
- ▶ Providing ongoing education of Residents and Faculty Physicians regarding trauma.
- ▶ Ongoing debrief with physicians when trauma is detected.
- ▶ Referrals to CMH for trauma care with assistance in access to care .

## MC3: Michigan Child Collaborative Care

The MC3 is a contracted service provided by the University of Michigan to Wayne County through a sub-contract with the DWMHA to Starfish Family Services. The MC3 program provides psychiatry support to primary care providers in Michigan who are managing patients with behavioral health problems. Psychiatrists are available to offer guidance on diagnoses, medications and psychotherapy interventions so that primary care providers can better manage patients in their practices. Support is available through same-day phone consultations to referring providers. MC3 also provides an embedded Pediatric Behavioral Health Consultant to a medical practice in Wayne County at Detroit Riverview Pediatrics.

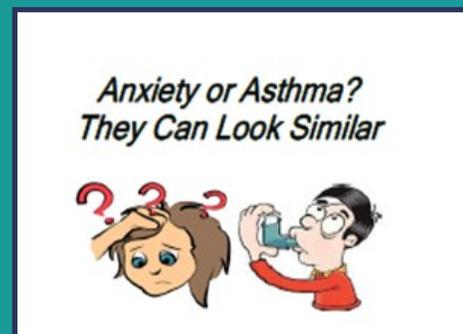
### ACCOMPLISHMENTS

- ▶ Focused on re-engaging existing providers which brought an increase in utilization for Wayne County
- ▶ Made valuable connections with larger health systems including Henry Ford Health System and Ascension
- ▶ Increased embedded hours at Detroit Riverview Pediatrics which resulted in meeting the behavioral health needs of more Detroit children and adolescents
- ▶ **132** Wayne County medical providers enrolled
- ▶ More than **300 children** served through MC3

## Pediatric Integrated Healthcare Workgroup

The Pediatric Integrated Healthcare workgroup is a subcommittee of the Cross Systems Management leadership collaborative for children's service providers in Wayne County. Research shows when physical health providers are more informed about mental health and when providers are informed about physical health, the person receives better care. As a result, during FY18-19, the workgroup implemented an initiative to have the children's service providers be better equipped to address the physical health care needs of the children and youth they serve.

**Pediatric asthma** was identified as a top physical health diagnosis that impacts many children and youth followed by diabetes and obesity. All children's service providers were asked to have staff they deemed necessary to review an educational video on asthma from the American Lung Association and to disseminate the Pediatric Asthma brochure to children and their families as needed.





# SCHOOL BASED MENTAL HEALTH

The School Success Initiative is provided by 12 Community Mental Health agencies in Wayne County. The School Success Initiative utilizes a three tier universal health screening. Students that score in Tier 1 are eligible for prevention and stigma reduction services. Tier 2 students will receive evidence based behavioral health supports and Tier 3 students will be linked to community mental health or to private insurance for additional services.

The School Success Initiative is delivered by **12 community mental health providers** throughout Wayne County at **72 schools**. The Initiative also consists of a partnership with Detroit Public School Community District (DPSCD,) the City of Detroit Mayor’s office — GOAL Line (Get On And Learn) and a charter school, Detroit Achievement Academy.

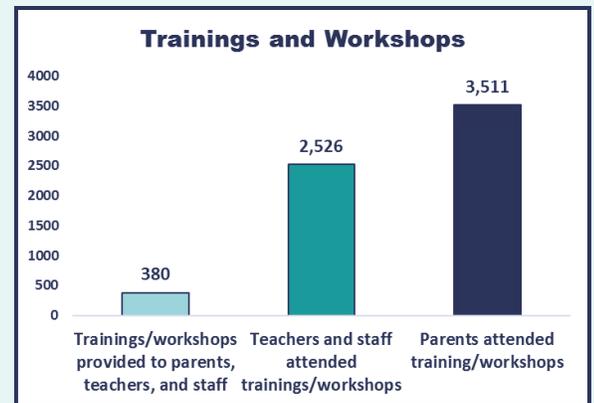
The School Success Initiative uses evidence based practices to deliver prevention based services to children in the school setting. In addition, the provider network offers parent education and engagement groups, professional development and psychoeducation for teachers and school administrators.

## Services offered by CMH providers:

- ▶ Universal Health Screening
- ▶ Crisis Intervention
- ▶ Individual and Family Therapy
- ▶ Home-Based
- ▶ Community Outpatient
- ▶ Targeted Case Management
- ▶ Psychiatric Evaluation
- ▶ Person Centered Planning
- ▶ Parent Education Groups
- ▶ Professional Development for Educators

## School Year 2018-2019

During the 2018-2019 School year, the School Success Initiative provided individualized services, including individual and group prevention as well as Community Mental Health services. The program also provided trainings and workshops for teachers, school staff, parents and caregivers.



## Transforming Research into Action to Improve the Lives of Students (TRAILS)

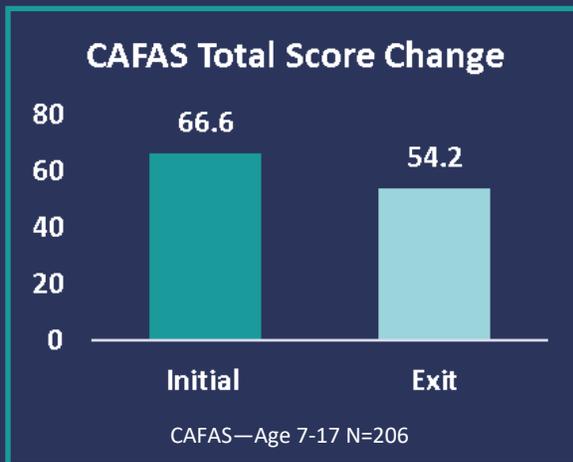
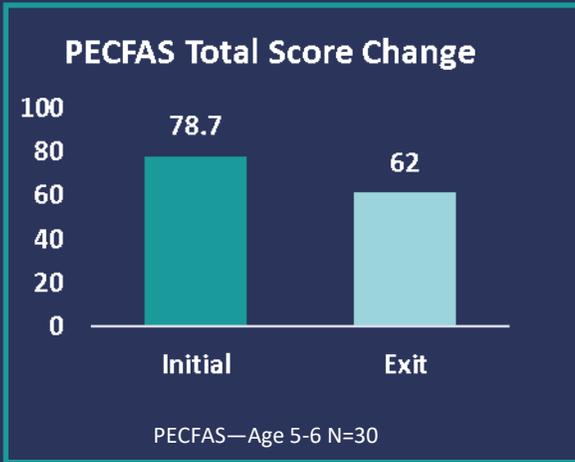
For the 2019-2020 school year, the School Success Initiative provider network will implement the TRAILS evidence based practice intervention. TRAILS also utilizes a 3-Tiered approach to delivering school based behavioral health supports. TRAILS provides students grades 5-12 with access to evidence based behavioral health supports by training school behavioral health professionals in effective practices appropriate for the academic setting, such as cognitive behavioral therapy (CBT) and mindfulness. These skill based techniques help students develop coping skills to manage social pressures, symptoms of anxiety and depression with a trauma informed approach. It is estimated that the TRAILS intervention will show significant improvement in school behavior and a reduction in the symptoms of depression and anxiety. In August, 2019, **33 clinicians** from **9 provider agencies** attended a one-day TRAILS Clinical Training in CBT and mindfulness with the commitment to continue consultation and coach training with TRAILS.

# Outcomes

The Child and Adolescent Functional Assessment Scale (CAFAS) and the Preschool and Early Childhood Functional Assessment Scale (PECFAS) are used to assess functioning across critical life subscales and yield both a total score and subscale scores (See page 49 for more information). Functional outcomes were measured for children and youth receiving individual CMH services through the initiative.

## Average Total Score Change:

The CAFAS or PECFAS total score can be used as an overall measure of functioning. A reduction in Total Score indicates improvement.



## SIGNIFICANT FUNCTIONAL IMPROVEMENT

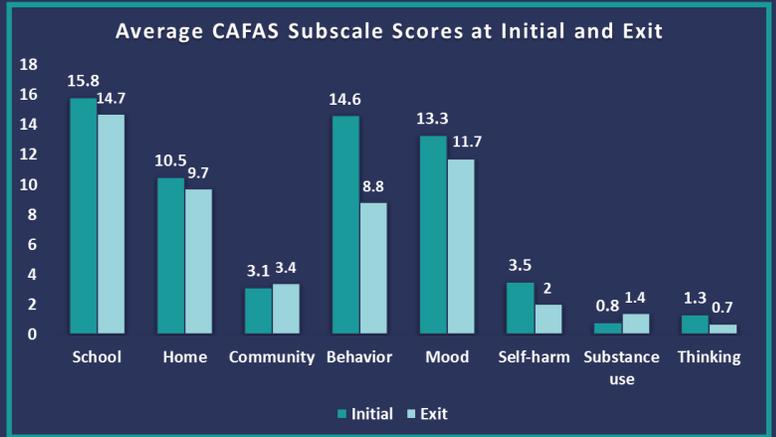
Significant Improvement is defined by a reduction in score of at least 20.

AGE 5-6  
(N=30)

AGE 7+  
(N=192)

60%

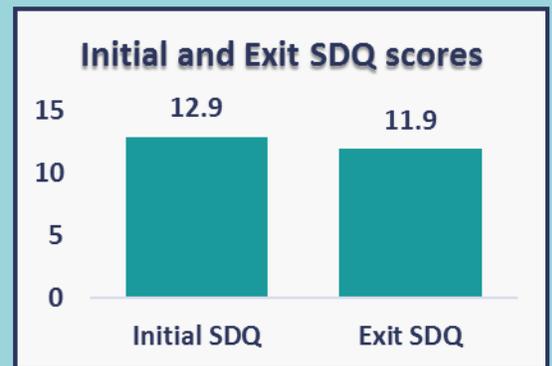
51%



Change in subscale scores demonstrate improved functioning in specific life domains. Paired sample t-tests revealed significantly reduced scores on average for School ( $t=2.68, p<.05$ ), Home ( $t=3.13, p<.05$ ), Behavior ( $t=4.11, p<.05$ ), Mood ( $t=3.80, p<.05$ ), Self-harm ( $t=4.92, p<.05$ ).

## Hicks Elementary School Pilot

For the school year 2018-2019 Development Centers provided a pilot program that consisted of universal health screening to their student body for a full academic school year through the use of the Strengths Difficulties Questionnaire (SDQ.) The pilot consisted of a behavioral health clinician located within Hicks Elementary as a full-time partner with school professionals, administrators and parents. The goal was to administer a baseline screening to all children and determine if they would benefit from behavioral health supports to help manage behavior. The pilot utilized a 3-Tier approach to determine their target population. At the end of the treatment episode, Development Centers administered a post-screening to the students who received intervention and supports to determine outcomes and measure the effectiveness of the School Success Initiative. The SDQ was completed on 47% of the students. Out of those students, 54% of those who had both an initial and an exit SDQ completed, experienced a decrease in their exit SDQ score which would indicate improvement.





# SPECIAL POPULATIONS

## Cornerstone: Transition Age Youth

Cornerstone is an evidence-supported practice which provides a bridge for youth and young adults ages 16-21 as they transition into adulthood. Cornerstone services can occur individually or in a group format. Clinical topic areas focus on independent living and life skills to support youth in successfully transitioning to adulthood.

**Development Centers:** Cornerstone group members are motivated, enthusiastic, and engaged in the group process which has resulted in positive relationships and cohesiveness. They are also demonstrating application of the specific skills that are discussed such as conflict resolution.

**Southwest Counseling Solutions (SWCS):** The Cornerstone program had a successful 5th Annual Celebration of Accomplishments. Cornerstone youth attended the Kids TALK Annual Poetry Slam, volunteered at Capuchin Soup Kitchen, and did a clean-up project. Southwest Counseling Solutions recently hired a new Youth Peer Support Specialist and also has a clinician who is mentoring three clients in the Association for Children’s Mental Health Youth Advisory Council.

**Northeast Guidance Center (NEGC):** The Cornerstone youth completed a Lemonade Day curriculum and event at Eastern Market. NEGC formed a Girls Empowerment Group and a Male Responsibility Group. Both reported they had consistent attendance and active participation.

**The Children’s Center (TCC):** Brought a Transition to Independent Process (TIP) training on March 13-15, 2019. Seven staff attended representing four children’s providers. At TCC, Cornerstone youth went to the University of Michigan – Ann Arbor for a campus tour, which worked on TIP module of futures planning to include educational enrichment and greater exploration of the state.

**The Guidance Center (TGC):** Engaged an owner of a local Dairy Queen to speak with the cornerstone youth about what he looks for in an employee. TGC had an increase in youth regularly attending the sessions as well as those who had previously attended had returned to continue to participate. TGC started implementing the Transition to Independence (TIP) Model.

### Cornerstone Youth Accomplishments

- ▶ Youth graduated from high school/obtained a GED.
- ▶ Several participants obtained employment while participating in the Cornerstone program.
- ▶ At least one individual obtained driver’s license.
- ▶ Youth volunteered at special events including Lemonade Day at Eastern Market.
- ▶ At Northeast Guidance Center—4 Cornerstone youth were accepted for Grow Detroit’s Young Talent Summer Employment program. Youth also created resumes, went to a fitness gym for the first time, participated in a Black History event, and took a martial arts class.
- ▶ At Development Centers, one individual won the “Perseverance Award” at the Youth Spotlight Awards Banquet.
- ▶ At The Guidance Center, Cornerstone participants visited Wayne County Community College to take a tour of the campus and learn about programs.
- ▶ At Southwest Counseling Solutions, at least 4 youth were attending area community colleges and one client was accepted to all the colleges that she applied for (4 colleges) . One client improved from failing to passing all of their classes.
- ▶ At The Children’s Center, one individual graduated from high school, and two youth graduated from the Cornerstone program—one is in the workforce and the other is attending community college.
- ▶ Several Cornerstone participants have been successfully discharged from services.

# Cornerstone FY18-19

- ▶ **196 Total youth participating in Cornerstone program**
- ▶ **5 Agencies participating in the Cornerstone model**
- ▶ **17 New staff trained in the Transition to Independence Program (TIP) model**
- ▶ **173 Total group sessions throughout FY18-19**
- ▶ **2 Certified Youth Peer Support Specialists**
- ▶ **66 Youth served by Youth Peer Support Specialists (with an active caseload)**



## Youth Peer Support Services

Youth Peer Support is a service provided by young people ages 18-26 who have lived experience with receiving mental health services, and who are willing and prepared to use their experience to support and empower the youth they are working with.

Youth Peer Support Specialists (YPSS) provide support to through shared activities and interventions. This Medicaid billable service can be provided individually or in the group setting. YPSS are great additions to the clinical treatment team as they work closely with the clinician and other team members to help youth and families achieve the goals identified in their Individualized Plan of Service. Currently, five agencies are committed to providing and expanding this service and are at various points in the hiring process.

The YPSS within Wayne County have been working hard at learning their role, educating their agencies, and building up their caseloads. They have presented at team meetings, spoken at events such as open-mic night at The Guidance Center and shared their stories and journey in order to inspire and walk alongside other youth. The YPSS have also participated in events such as the Families Affected by Trauma workshop. They have co-facilitated or facilitated cornerstone groups such as the male responsibility group at NEGC. They have been able to engage people that may have previously experienced difficulty with trust. The YPSS staff have been successful at increasing consumer engagement and relatability with consumers.

### Youth Peer Support Services

**66**

**Youth Served**

**2**

**New YPSS Staff**

**5**

**Participating Agencies**

**4**

**YPSS in training**



# LGBTQ+



## Ruth Ellis Center (REC)

The Ruth Ellis Center (REC) is a Connections system partner and social services agency with a mission to create opportunities with LGBTQ+ young people to build their vision of a positive future. REC envisions a world where LGBTQ+ young people are safe and supported no matter where they go. To further the mission and vision, REC offers a range of programming to support the young people they serve grounded in the following principles of work: trauma-informed care, restorative justice, harm reduction, and positive youth development.

**Over 1,000 LGBTQ+ young people were served at Ruth Ellis Center in FY18-19. 88 Trainings were held for system partners with a total of 1,570 Participants.**

### Strategic Priorities 2019

- ▶ **Expand Behavioral Health services**
- ▶ **Hire additional clinicians**
- ▶ **Expand space**
- ▶ **Staff for Substance Use Disorder (SUD) capacity**
- ▶ **Ruth Ellis Institute Certification (SOGIE)**
- ▶ **Explore, define and fund Center for Lesbian and Queen Women and Girls (CLQ) programs**

### Health and Wellness Center Services (HWC)

In partnership with Henry Ford Health System, the HWC provides a range of primary and medical care to LGBTQ+ young people which includes:

- ▶ Quick visits for general medical issues (sore throat, rash, ear infection, cough/cold)
- ▶ Medical management of asthma, weight, diabetes and high blood pressure
- ▶ Vision and hearing screening tests with referrals
- ▶ Sexual health services including birth control and Sexually Transmitted Infection testing and treatment
- ▶ HIV prevention, testing and guidance
- ▶ Transition care for transgender youth
- ▶ Screening for the need for emergency services
- ▶ For FY18-19, the HWC Medical team served **420 youth** under 21 years old

### Accomplishments

- ▶ Celebrated 20 years of service
- ▶ Successful fundraising efforts, including events such as the 2nd Annual Catfight for the Crown and VOICES
- ▶ Ruth Ellis Institute facilitating the first ever pilot on “Asking About SOGIE” in partnership with Michigan Department of Health and Human Services for the Michigan Statewide Automated Child Welfare Information System (MiSACWIS).
- ▶ Ruth Ellis Institute held a train the trainers and facilitated “Understanding Power and Oppression: Undoing Racism at University of Michigan School of Social Work” for the entire incoming graduate class
- ▶ Commission on Accreditation of Rehabilitation Facilities (CARF) Accreditation
- ▶ Approval and formation of the Center for Lesbian and Queer Women and Girls (CLQ)
- ▶ Obtained Permanent Supportive Housing Project Approval
- ▶ Facility Expansion, REC acquired two new buildings to support agency growth and expansion, one of which was donated by a REC supporter

## EDUCATIONAL INSTITUTE

In alignment with the REC vision, the Educational Institute was designed to promote a world where LGBTQ+ young people are safe and supported in all systems of care and wherever they go. Work centers around LGBTQ+ experiences to reform systems nationwide through education, training and evaluation.

For FY19, the Institute provided **243 hours** of education and trained **1570 participants** on SOGIE related topics

## JUVENILE JUSTICE SERVICES

In partnership with Wayne County Care Management Organizations, REC serves LGBTQ+ young people involved in the Juvenile Justice (JJ) system in the community and in residential spaces. Direct services include individual and family therapy, as well as ancillary therapeutic support related to a LGBTQ+ identity in collaboration with the primary treating therapist. **22 youth** were served in FY18-19. In addition to direct care, the JJ Specialist and the Institute works with providers, jurists, attorneys and other stakeholders on promoting effective policies and providing education on affirming/best practice for LGBTQ+ JJ youth, which included a presentation in Grand Rapids for the Michigan Association on Adolescent Sexual Health (MOASH). Another noteworthy accomplishment includes client advocacy which led to the first young person in the state of Michigan to receive gender affirming hormone therapy while placed in a secure residential facility.

## OUTPATIENT BEHAVIORAL HEALTH

REC continues to offer outpatient therapy for LGBTQ+ youth and families (CMH and non-CMH clients). For FY18-19, **38 youth** were served within this program and another **40 youth** are served by the Henry Ford Health System therapist annually.

## RUTH'S HOUSE

The residential program services LGBTQ+ youth ages 12–17 in the foster care or juvenile justice systems by providing trauma-based services in a home-like setting that meets the individual needs of the youth while in care. Currently, Ruth's House may serve up to **9 youth** in foster care at any given time. **26 youth** were served in FY18-19.

### Second Stories/Outreach:

**500+ youth** served annually

Second Stories, a 5000 square foot space provides low barrier access to critical safety net and support services that include: food and personal care items; case-management and housing services; social and recreation activities; workshops and groups; peer support; internet access; employment/education support; and leadership development.

During FY 18-19, Second Stories also:

- ▶ Streamlined safety process for outreach workers and persons served
- ▶ Strengthened and streamlined two-year peer leader program
- ▶ Co-community planned events
- ▶ Participated on more local, state committees related to LGBTQ+ health
- ▶ Improved summer internship program
- ▶ Increased community partnerships

## FAMILY SUPPORT SERVICES PROGRAM

LGBTQ+ young people facing family rejection are at increased risk of negative health, social and educational outcomes as demonstrated by the Family Acceptance Project research. To address this increased risk, REC works with families (some CPS and foster care) using targeted education to increase caregiver knowledge and understanding of their child's diverse Sexual Orientation, gender identify, and gender expression (SOGIE). Culturally grounded services engage families in identifying ways to increase wellbeing, permanency, and support while decreasing risk. Interventions through skill building, coaching, and parent support aim to increase positive interactions, family support and acceptance for LGBTQ+ children and youth.

For FY18-19, Family Support Services served **23 youth and families**. Upon completion of the program, families report improvements across domains. One family noticed youth self-harming behaviors diminish as the family shifted their use of chosen name and pronouns, affirming the youth's identity. Another family reports increased involvement in their child's life and relationships allowing romantic and platonic friends to spend time at the family home. Through the interventions, the family found ways to support gender affirming clothing choices as well. Six months after completion of the program, the youth completed their first year of college, is involved in a sorority and is working two jobs. The family reports this program helped change their lives and reconnect their family.

# IMPROVING SERVICE QUALITY



## Parent Management Training-Oregon (PMTO)

The Parent Management Training-Oregon model (PMTO) is an evidence-based intervention to help parents and caregivers manage the behavior of their children. Tailored for serious behavior problems for youth from preschool through adolescence, PMTO empowers parents as primary treatment agents to promote and sustain positive change in families.

### ACCOMPLISHMENTS

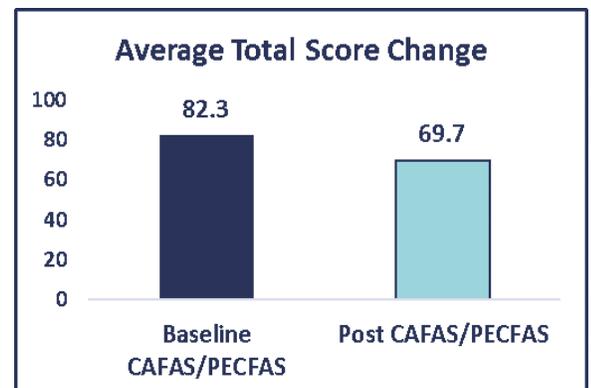
- ▶ **Cheryl Greer**, Michigan and Wayne County's Lead PMTO Coach received the **Golden Loop Award** at the PMTO State Conference which recognized her passion and dedication to PMTO across the state.
- ▶ Wayne County welcomed a PMTO coach from Oakland County and they are in the process of becoming fully certified in Wayne County.
- ▶ Incorporated Parenting Through Change (PTC) PMTO group model with the Regional Coaching day. Welcomed 2 new PTC candidates from Black Family Development, Inc.
- ▶ Wayne County Coaches, Cheryl Greer, Susanna Hathaway, and Khalea Foy have held consistent Regional Coaching days with maximum number of attendees.
- ▶ Three parents represented Wayne County by sitting on the parent panel at the state conference in Kalamazoo in June, 2019.
- ▶ Three PMTO Informed two-day trainings were held in Wayne County.
- ▶ Three new candidates went through the individual state training.
- ▶ Wayne County Coaches continue to present PMTO information at Community Mental Health agencies throughout Wayne County to engage new therapists.



**130 Families served**  
**20 Clinicians**  
**14 Clinicians in training**  
**3 FIMPers**  
**(Fidelity Raters)**

### Outcomes

The Child and Adolescent Functional Assessment Scale (CAFAS) and the Preschool and Early Childhood Functional Assessment Scale (PECFAS) are used to assess functioning across critical life subscales and yield both a total score and subscale scores (See page 49 for more information). Functional outcomes were measured for children and youth receiving individual CMH services through PMTO. Outcomes were calculated for treatment episodes with both a Baseline and Post-Treatment assessment. The Baseline assessment is defined as the Initial/Revised Initial of the treatment episode corresponding to PMTO services. The Post-Treatment assessment was the most recent assessment within that treatment episode.





# Wraparound Fidelity

Wraparound is a team-driven and family-led process involving the family, child, natural supports, agencies and community services. The process is individualized to each family and supports build on strengths to meet the needs of children and families.

## ACCOMPLISHMENTS

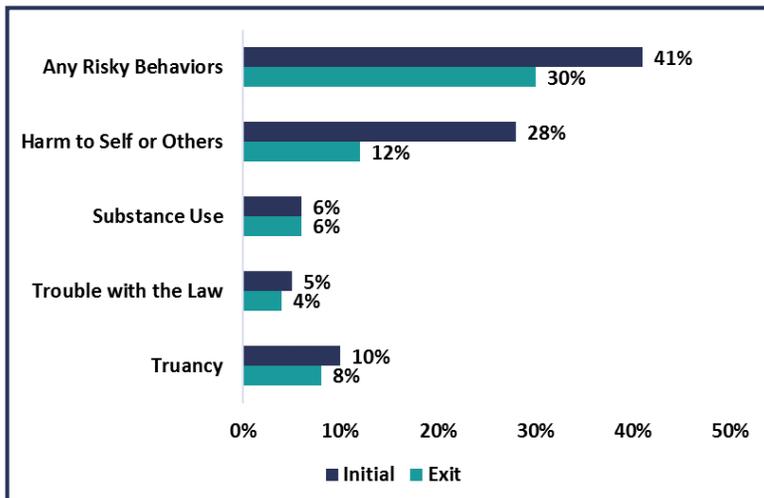
- ▶ Several agencies have had to hire additional Facilitators to respond to families in need of Wraparound services
- ▶ National Wraparound Consultant, Pat Miles provided an all day training on "Why Wraparound and Peer Parent Supports Should Care About Each Other" for Parent Support Partners & Supervisors
- ▶ Continue to offer Quarterly brown bag trainings for Facilitators and Supervisors
- ▶ Michigan of Department of Health and Human Services Wraparound Coordinator, Justin Tate visited Wayne County and provided Facilitators and Supervisors with an all day training, specific to the needs of our County
- ▶ Began developing a Wraparound Quarterly report for Supervisors which will provide more Wraparound data
- ▶ Piloted a new Wraparound Competency tool - Future, Reflect, Acceptance, Mobilize, Evaluate, Strengthen (FRAMES) with two providers and plan to implement in the 1st quarter of FY19-20



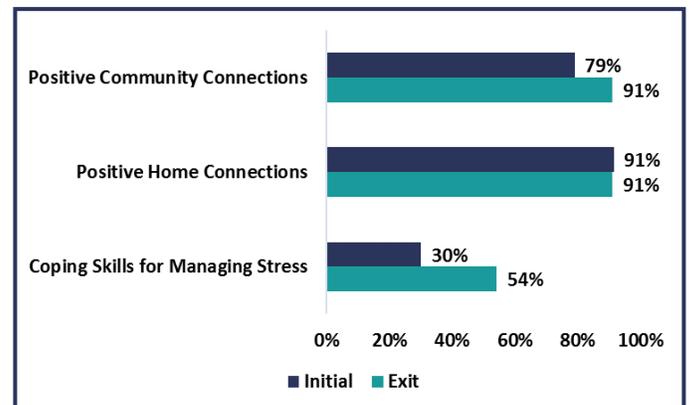
## FAMILY STATUS REPORT OUTCOMES

The Family Status Report is completed quarterly to collect dozens of indicators across a wide range of variables that examine strengths and risks in the family. The data is used to track the effectiveness of the model at the individual and county level. Selected indicators presented here represent the change from Initial to Exit for 416 Wraparound participants ages 7-19, served from October 1st, 2017—September 30th, 2019.

### Change in Risky Behaviors

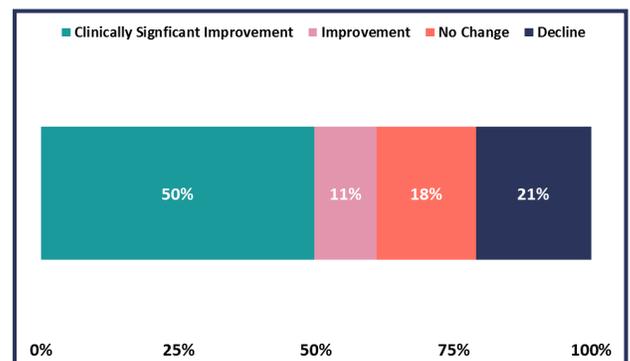


### Change in Resiliency Factors



### Change in Functioning (based on CAFAS)

Clinically significant improvement in CAFAS scores is a decrease of 20+ points)





# EARLY CHILDHOOD

## Race to the Top

The Race to the Top: Early Learning Challenge grant is an award made to the Michigan Department of Education (2014-18) aimed in part at increasing quality in child care providers serving high need communities. As part of this grant, through funding awarded to DWMHA, Development Centers has been providing infant and early childhood social and emotional consultation to home and center-based childcare providers throughout Wayne County since January of 2017.

Childcare providers can receive programmatic consultation, which focuses on the whole center and results in improvements in environment, teaching, approach to families, and adult-child interactions that benefit all children in a center. When a child has been identified as having some concerns, the consultant can do a targeted consultation to provide additional support, and if needed, provide referrals to community services, including mental health.

- ▶ **12** Children have received targeted assessment and consultation
- ▶ **50** participating providers
- ▶ Approximately **1,060** children have been impacted indirectly through programmatic services since January 2017

### RACE TO THE TOP GOALS

- ▶ Increase the quality of social emotional wellness in the home/center
- ▶ Provide workforce development support, tools/resources, training and ongoing coaching around social emotional health and development.



Providers have shared the following regarding the importance of these services:

"I knew you would come in and have ideas on what to say or do." (for talking about challenging behaviors with children and families)."

"We need you here."

"You always know how to frame things in a new and different way."

In response to a recommendation around the importance of self care, "That is sound wisdom... will strive for that self-care this weekend. Thank you [consultant] for all you do - your service has truly been a blessing for the children and I."

Toddler teacher: "I always like it when you come."



## Child-Parent Psychotherapy

Child-Parent Psychotherapy (CPP) is an evidence based intervention model for young children who have experienced a wide range of trauma. It integrates psychodynamic, developmental, trauma, social learning and cognitive behavioral therapies and is based on attachment theory. The goal of CPP is to support and strengthen the relationship between the child and his/her caregivers in order to restore the child's functioning.

- ▶ MDHHS has begun a CPP learning collaborative to support young children ages 6 and under who have experienced a trauma.
- ▶ Southwest Counseling Solutions clinical staff participated and completed CPP Training Cohort 1. Hegira Health Inc. is participating in CPP Training Cohort 2 that started July 15, 2019.

# Infant Mental Health Endorsement

All CMH staff delivering home-based services to infants and young children, birth to 47 months, and staff providing Prevention-Direct Services Models Infant Mental Health (IMH), Child Care Expulsion Prevention) must have, as a minimum, the Michigan Association for Infant Mental Health (MI-AIMH) Endorsement, Level II (Infant Family Specialist), with Level III (Infant Mental Health Specialist) preferred. Each endorsement level requires hours of specialized training, or coursework specific to Infant Mental Health (IMH) competencies.

**70**

Clinicians Endorsed at Level II or Higher

**9**

Mentors at Level IV and Providing Reflective Supervision

**74**

IMH Clinicians on Waivers working toward endorsement

## MI-AIMH Training

For FY18-19, DWMHA collaborated with the Michigan Association for Infant Mental Health (MI-AIMH) to offer a training series specific to Infant Mental Health/Early Childhood clinicians and supervisors.

**538 participants** were trained on various topics such as Reflective Supervision; Development, Infant Parent Psychotherapy, Foster Care Groups, and Supervising IMH Cases, and Supporting the Foundation of Development: Using Attachment, Regulation and Competency (ARC) Framework to Inform Play Therapy Interventions in Early Childhood.

## Home-Based Task Force

### SUMMIT

This FY, the Home-Based Task Force hosted its 3rd Annual Home-Based Summit. **55** clinicians and supervisors attended. The Summit focused on “How you are, is as important as what you do” which included a training from the Home-Based Consultant, Carol Oleksiak.

### CONSULTATION & TRAINING

The Home-Based Consultant for Wayne County, each month offers group consultation to all Supervisors collectively as well as provides consultation directly at provider agencies with Home-Based teams. The consultation is invaluable and well received by all clinicians. 104 training hours were provided to Home-Based supervisors and their clinicians.

The Home-Based Task Force is a collaboration of service providers working to improve home based services throughout Wayne County.

### HOME-BASED CLINICIANS BY AGENCY

- 2** Arab American and Chaldean Council
- 4** Black Family Development, Inc.
- 4** Clinic for Child Study
- 10** Development Centers
- 8** Hegira Health Inc.
- 4** Lincoln Behavioral Services
- 1** Northeast Guidance Center
- 2** Southwest Counseling Solutions
- 12** Starfish Family Services
- 6** The Children’s Center
- 15** The Guidance Center



# TRAUMA-INFORMED CARE

## Trauma Leadership Committee

The Trauma Leadership (TL) Committee held **six** successful meetings working on various projects, including the Biannual Trauma Stakeholders Leadership Breakfast. Stakeholders from different systems shared updates on ongoing trauma informed work throughout the county. The Trauma Stakeholders Breakfast took place at The Guidance Center on November 8, 2018 and May 31, 2019 with **49** total attendees. There was a presentation on the progress towards expanding and sustaining trauma informed system of care in Wayne County and a presentation on the Secondary Traumatic Stress results.

## Trauma Focused CBT

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an evidence-based treatment for children and adolescents impacted by trauma.

### Accomplishments

During First Quarter FY18-19, the Special Projects Coordinator created a Trauma Informed Reporting tool.

The following training opportunities for the workforce on secondary traumatic stress and trauma occurred during FY18-19

- ▶ Self-Care Workshop offered through Children’s Mental Health Lecture Series (CMHLS) in October 2018. There were **91 attendees**.
- ▶ Yoga-Based Interventions for Trauma offered through CMHLS in January 2019. There were **116 attendees**

**162**

**Children and Youth Served**

**49**

**Active TF-CBT Clinicians**

## Trainings in the Community

Training	Attendance
Three trauma and SUD trainings Wilson Middle School	<b>48</b>
Trauma and SUD training Gibraltar Schools	<b>11</b>
Lunch and Learn on Grandparents Raising Grandchildren	<b>13</b>
Child Maltreatment The Guidance Center	<b>10</b>
The Grandparent’s Legislative Forum U of M Dearborn	<b>71</b>
Adverse Childhood Experiences-Abuse and Neglect Goodwill Industries	<b>7</b>
Lunch and Learn on “Mandated Reporting The Guidance Center	<b>23</b>
A Caregiver Trauma workshop The Guidance Center	<b>18</b>
Presentation on trauma and SUD to 8 <sup>th</sup> graders Wilson Middle School	<b>350</b>
Presentation on trauma and SUD to High School Students Roosevelt High School	<b>60</b>

## KidsTALK Trainings

Kids TALK conducted **41 training** events FY18-19 and trained **1,550** individuals on various topics such as:

- ▶ Abuse and Neglect
- ▶ Darkness to Light Stewards of Children
- ▶ Human Trafficking
- ▶ Intimate Partner Violence
- ▶ Secondary Traumatic Stress
- ▶ Substance Use Disorders
- ▶ Trauma
- ▶ Adverse Childhood Experiences (ACES)
- ▶ Mandated Reporting

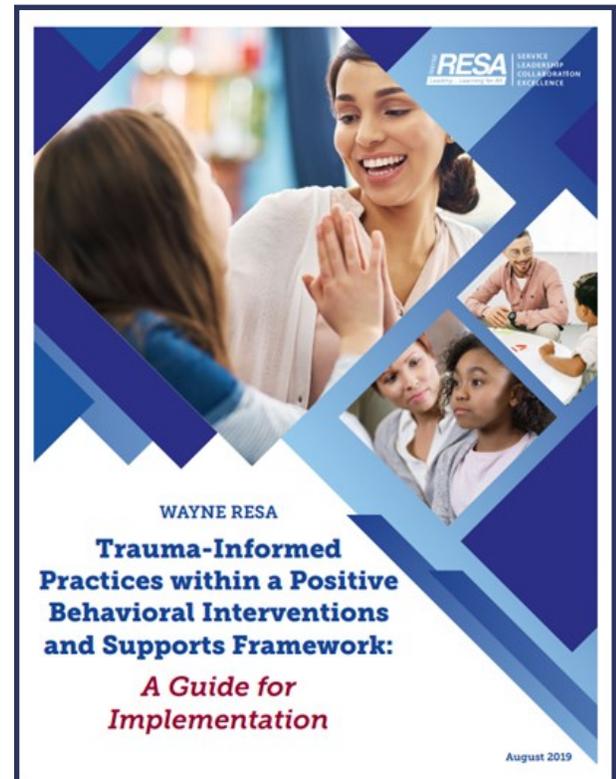
Youth Poetry Slam at Museum of Contemporary Art Detroit (MOCAD) in April, 2019 had **168** participants  
Redefining Trauma Storytelling Event in August 2019 at Downriver Council for the Arts had **70** participants



# RESILIENCY PROJECT

In response to a growing need to incorporate trauma informed practices into education settings, the **School-Justice Partnership** initiated the **Resiliency Project**, which was a body comprised of both mental health and education professionals. The overall project consisted of five subcommittees. Due to changes in leadership during the project implementation, four of the five committees put the work on pause; however, the Interventions Committee continued efforts to develop guidance for Wayne County Schools using a Positive Behavioral Interventions and Supports (PBIS) framework. In understanding both PBIS framework, as well as a multi-tiered system of support (MTSS) already being utilized in many schools across the county, the Interventions sub-committee created a resource document featuring text, images, and examples of how trauma informed approaches can be woven into existing structure and culture of schools. The document also offers resources for further exploration and support, including self-care for educators, referral to mental health services/supports, and coaching/implementation support.

After eight months, the committee finalized the product in Spring of 2019. With the support of the Wayne RESA graphic design team, the final document was released in August 2019.



## Cognitive Behavioral Intervention for Trauma in Schools (CBITS)

The Cognitive Behavioral Intervention for Trauma in Schools (CBITS) program is a school-based intervention that can be used for individuals or in a group setting for students 5th through 12th grade. The program intent is to has two purposes; 1.) Reduce symptoms of post-traumatic stress disorder (PTSD), depression, and behavioral problems, and 2.) Improve level of functioning, grades and attendance, peer and parent support, and coping skills.

During FY18-19, Development Centers continued implementation of the CBITS model in Quarter One as grant funding ended December 31, 2018. CBITS was provided to Cody, Mumford and Renaissance High Schools.

### **Cody High School Outcomes:**

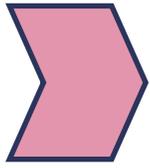
- ▶ Completed over **100 student assessments**
- ▶ Group attendance was sporadic but overall successful

### **Mumford High School Outcomes:**

- ▶ Assessments were completed and parent consents obtained
- ▶ Groups were dissolved due to numerous barriers

### **Renaissance High School Outcomes:**

- ▶ Completed a total of **22 groups**
- ▶ Provided group sessions for 6th, 7th and 8th graders



# Cultural and Linguistic Competency

## Cultural and Linguistic Competency Summit

The Summit took place on June 28, 2019 at The Westland City Hall. The theme was “Honoring and Supporting Cultural Identities.” There were **113** participants. The keynote speaker was Bethany Hedden, LLMSW, and she spoke on “Turning toward a Relationship with Reality: How Understanding Social Work Concepts is Just a Part of the Picture.” Ms. Hedden is a Ph.D. student in Social Work and Anthropology and Graduate Research Assistant in the School of Social Work at Wayne State University.

## Summit Agenda

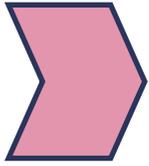
- ▶ Workshop A: Biased. Addressing Grief, Loss and Trauma across Cultures with Linda Thornton MA, NCC/LPC, ACS
- ▶ Workshop B: Language Interpretation and Translation in Micro and Macro Practice with Dr. Rogério M. Pinto and Dr. John Doering-White
- ▶ Youth Workshop #1: Self-Identity and Acceptance through Diverse Perspectives with Brandi Butler LMSW LCSW CMHP and youth panelists: Sterling Clemmons, Daniela Guzman, Teia McGahey, Zahraa Saab, and Kemarian Thacker
- ▶ Youth Workshop #2: Promoting Resilience through Mindfulness and Self-Care with Tamioka Caldwell MA LLP MPH, Enrich Life Coaching
- ▶ Workshop C: Creating a Bias Free Zone for Youth and Families with Nikki Pardo, Global Alliance Solutions
- ▶ Workshop D: Creating Safe Spaces for LGBTQ Youth with Sterling Clemmons BS and Bridie Johnson LMSW LLMFT
- ▶ Youth Workshop #3: Telling My Story Through Creative Expression with Taylor Beardsall M.Ed Art Therapist, RYT-200
- ▶ Youth Workshop #4: Racial Understanding and Healing with Marshalle Montgomery and Joy D. Calloway
- ▶ Closing Workshop: Courageous Cultural Conversations with Nikki Pardo, Global Alliance Solutions

## SOC Advisory Council

The SOC Advisory Council continues to make great strides in sustainability. The group finalized the Youth and Parent Involvement Protocols. The Council has voted in a new parent co-chair and is working on filling the youth co-chair vacancy. The Council welcomed 4 new members this fiscal year. The Council has provided parent input to several System of Care workgroups, and continues to participate in the Children’s System Transformation and Cross System Management meetings. The SOC Advisory Council coordinated presentations on Wraparound Services, Cornerstone Program, and Assistive Technology to inform parents on available programs and services. FAFC’s Parent Involvement Manager continues to act as the staff liaison for the group.

20

**Current membership of  
SOC Advisory Council**



# Intellectual and/or Developmental Disabilities

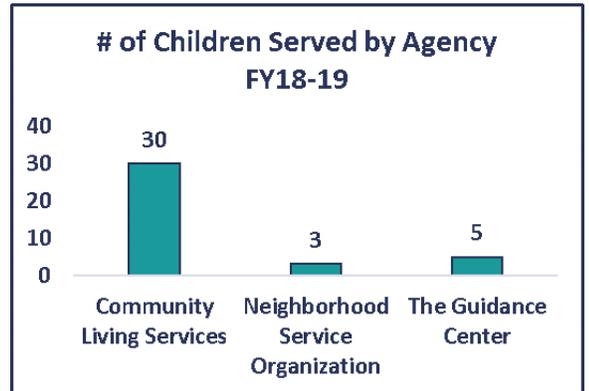
In April of 2019, Children’s Initiatives welcomed the first Intellectual and/or Development Disabilities (I/DD) Clinical Specialist to the team. The focus of this role is to consult with I/DD providers throughout DWMHA as well as be a resource to children, youth, and families affected by I/DD in Wayne County. The Clinical Specialist has met with the 13 provider agencies to discuss barriers to services for children and youth and discuss ways to remove those barriers as well as how to best include those agencies within the System of Care collaboration and information sharing. \*\*\* The I/DD body of work is not funded by the SOC Block grant; however, it is work that falls under the Children’s Initiatives Department.

## Family Fun Night

On September 27, 2019 DWMHA hosted a “Family Fun Night” for children, youth, and families touched by I/DD at the Doubletree – Dearborn – Detroit. Guests enjoyed dinner, dancing, face painting, balloon animals, a photo booth, and a visit from the Detroit Tigers Mascot, PAWS! Candy centerpieces were also raffled off at the end of the evening. This event was open to the community to attend free of charge. There were **56 community members**, and **19 DWMHA staff and volunteers** who attended for a total of **75 participants**. DWMHA Board Chair Mr. Bernard Parker spoke about the **importance of inclusion and ending stigma for families, children and youth with I/DD**. Those in attendance had such a fun time that several requests were made to hold the event again next year.



**Children's Waiver Program (CWP)** makes it possible for Medicaid to fund home and community-based services for children with I/DD who are under the age of 18 when they otherwise wouldn’t qualify for Medicaid funded services. Three provider agencies deliver services to children and youth on this waiver: Community Living Services (CLS), Neighborhood Services Organization (NSO) Life Choices, and The Guidance Center (TGC). On October 1, 2019, MDHHS will take steps to open this waiver to an additional 100 children throughout the state. Currently, there are 469 individuals in the state on this waiver. Over the next 2 years that will increase to 569.



## COLLABORATION FOR BARRIER BUSTING:

In May 2019 a subcommittee led by the Children’s Initiatives Coordinator and the I/DD Clinical Specialist met to discuss with representatives from various provider agencies how to remove barriers to providing Community Living Supports (CLS) and/or respite services to children and youth in the community. This committee consists of individuals who work with both children and youth with serious emotional disturbance (SED) diagnoses as well as I/DD. Agencies involved include: Development Centers, Starfish Family Services, Arab American and Chaldean Council, MORC of Wayne County, The Guidance Center, The Children’s Center, PsyGenics, Clinic for Child Study, and Family Alliance for Change/Southwest Counseling Solutions. The subcommittee meets monthly to discuss ways to decrease barriers for children/youth receiving CLS and respite services, broaden CLS/respite Wayne County, ensure appropriate use of services and develop a standardized process for referrals, progress notes, etc.

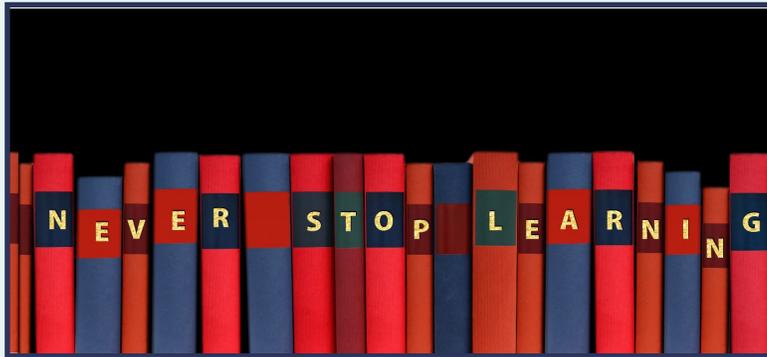


# WORKFORCE DEVELOPMENT

## Core Competency

Core Competency trainings continued in FY18-19 with the help of Core Competency Trainers who provide training to all Community Mental Health (CMH) children’s clinical staff. **261** staff received training on seven foundational topics:

- ▶ CAFAS and PECFAS
- ▶ Crisis and Safety Plans
- ▶ Family Service Plans
- ▶ Measurable Goals/ Objectives
- ▶ Strength-Based Assessment
- ▶ Supervision
- ▶ SOC 101



## CAFAS and PECFAS

FY18-19 trainings were successful thanks to provider network trainers who volunteer their time to ensure the workforce receives CAFAS/PECFAS Rater Reliability training.

### CAFAS Training

- ▶ 17 Trainers
- ▶ 293 clinical staff trained
- ▶ 6 CAFAS Initial Trainings scheduled
- ▶ 12 CAFAS Boosters scheduled

### PECFAS Training

- ▶ 12 Trainers
- ▶ 224 clinical staff trained
- ▶ 6 PECFAS Initial Trainings scheduled
- ▶ 6 PECFAS Boosters scheduled

## Quarterly Leadership Training Series

The Series was developed in FY17-18 based on feedback that more opportunities were needed to support supervisors and managers in their own growth and learning. There were four Leadership Topics offered that focused on ways to collaborate and share management, supervisory, and leadership best practices that promote quality care and efficient teams.

Quarterly Leadership Training Topics	Attendance
Reflective Supervision with Kelly Sipotz LMSW and Sarah Shea PhD, LMSW	13
Retention Focused Supervision with Stephanie Stromberger MS LPC	13

## Peer to Peer Training Series

The Peer to Peer Training Series offers Children’s Mental Health Professionals (CMHPs) additional opportunities to further develop skills and expertise in working with youth and families, while also providing additional opportunities to earn CMHP credits.

Peer to Peer Training Topics	Attendance
Trauma Stewardship Part 1 with Tamiaka S. Daldwell, MA LLP MPH	12
Trauma Stewardship Part 2 with Tamiaka S. Daldwell, MA LLP MPH	4

## Children’s Mental Health Lecture Series

The Children’s Mental Health Lecture Series offers monthly training opportunities designed to improve practice. Topics of interest are identified each year by the workforce.

Training Topic		Attendance
OCTOBER	Self-Care Workshop: Caring for yourself when working with children and families with Susan Todd LMSW	91
NOVEMBER	Your Work and the Family Acceptance Project: Working with LGBTQ Youth and their Families with Jessie Fullenkamp LMSW	69
JANUARY	Yoga-Based Practices for Trauma with Brandi Asher LMSW	116
MARCH	Working with Interpreters with Rogerio M. Pinto LCSW PhD	61
APRIL	Treating Depression in Children and Adolescents with Aja Burks LMSW	114
MAY	Working with MDHHS & Courts with Frank Vandervort J.D.	103
JUNE	Substance Use Treatment with Dale Yagiela MA LMSW CAADC	91
AUGUST	Motivational Interviewing with Dr. Steven Genden PhD LP CAADC	39
SEPTEMBER	The Sacred Bundle Youth Suicide Prevention Program with Jessica Kowalchuk BA Psychology	38
	Total Attendees	722



# OUTCOMES

## MEASURING OUTCOMES

### Infants & Toddlers Age 0-3

The Devereaux Early Childhood Assessment (DECA) is used to measure social and emotional functioning in domains depending on the child's age, including initiative, attachment, self-regulation, self-control, and behavioral problems. Scores from each domain are summed into a total score and normed by age. Children scoring at or below 40 are considered to have at least one "Areas of Need," between 41-59 are considered to be "Typical," and 60+ have above average "Strengths." Positive outcomes result from an increase in total protective factors, both overall and in individual domains. The FY18-19 outcome analysis included **142 children** with more than one completed assessment.

### Children Age 4-6

The Preschool and Early Childhood Functional Assessment Scale (PECFAS) is used to measure functional change for preschool age youth. This assessment is an adaptation of the CAFAS, differing only in the modification of items and a lack of the Substance Use subscale. Outcomes were calculated for **464 children**. Only cases with at least two assessments in FAS online were included and those that had an Exit PECFAS or became inactive in FY18-19.

### Children & Youth Age 7-21

The Child and Adolescent Functional Assessment Scale (CAFAS) is for children 7-21. Both the CAFAS and PECFAS assess functioning across critical life domains and yield both a total score and subscale scores. Subscales are rated from 0 (no impairment) to 30 (severe impairment). CAFAS/PECFAS uses several outcome indicators including a reduction in score ( $\geq 20$  points), reduction in the number of severe impairments, and reduction of score in certain subscales. Outcomes were calculated for **3,628 children** and youth. Only cases with at least two assessments in FAS online were included and those that had an Exit PECFAS or became inactive in FY18-19.



## AVERAGE LENGTH OF STAY

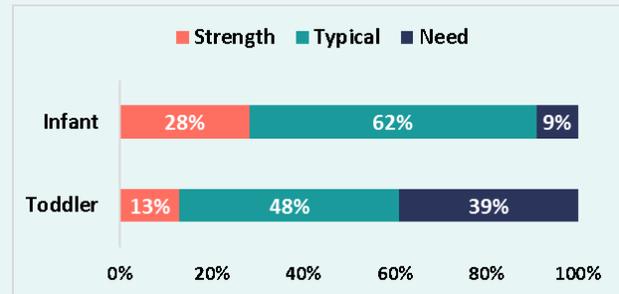
### INITIAL TO MOST RECENT ASSESSMENT

Infants & Toddlers 0-3:	6.7 months
Children Age 4-6:	10.5 months
Children & Youth 7-21:	12.8 months

## Infants & Toddlers (0-3)

### TOTAL PROTECTIVE FACTORS AT INITIAL

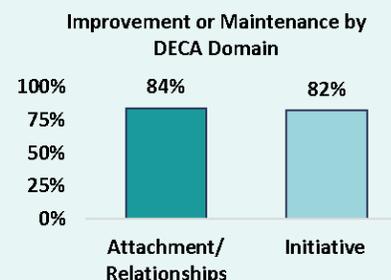
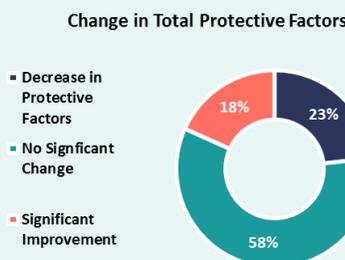
Initial assessments were completed for **254** children in FY18-19



### SOCIAL & EMOTIONAL IMPROVEMENT

Change in Total Protective Factors

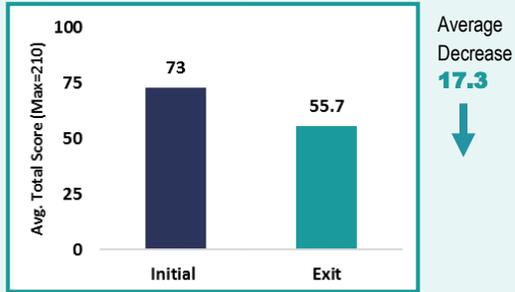
Improvement or Maintenance by DECA Domain



# Children (4-6)

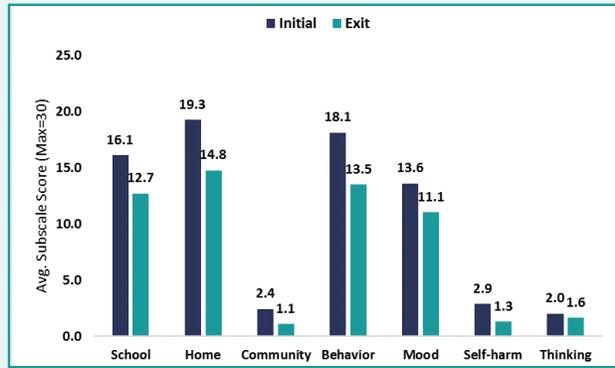
## TOTAL SCORE CHANGE

The PECFAS total score ranges from 0—210 and measures overall impairment. A 20 point reduction is considered meaningful improvement.



## SUBSCALE SCORE CHANGE

Subscales measure functioning on key life domains, and range from 0 (no impairment) to 30 (severe impairment) on that subscale.



## AT THEIR MOST RECENT ASSESSMENT:

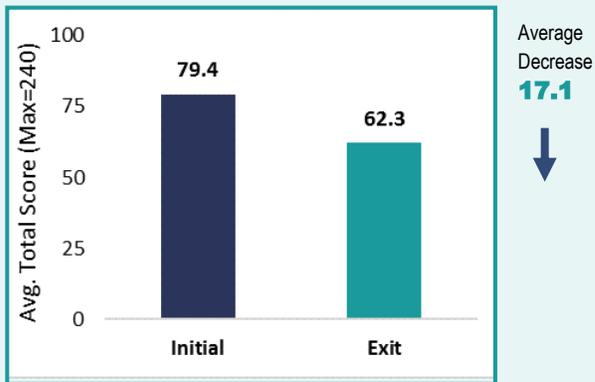
**46%** of children had a *reduction in Total Score of 20 or more points*

**54%** of children with severe impairment on at least one subscale at intake had *no severe impairments*

# Children & Youth (7-21)

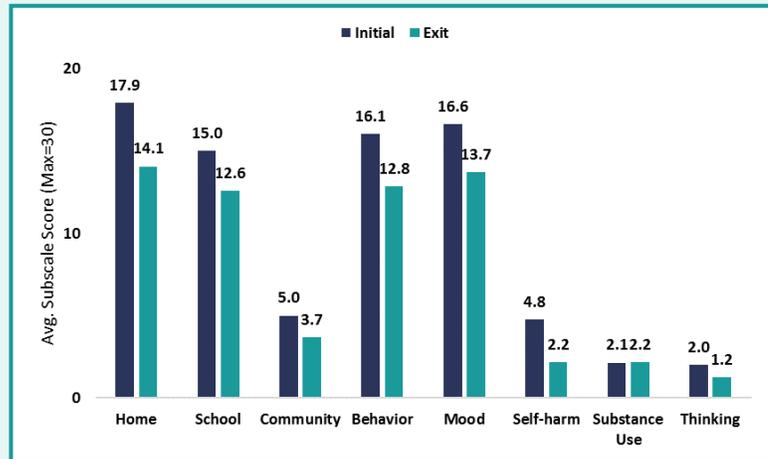
## TOTAL SCORE CHANGE

The CAFAS total score ranges from 0—240 and measures overall impairment. A 20 point reduction is considered meaningful improvement.



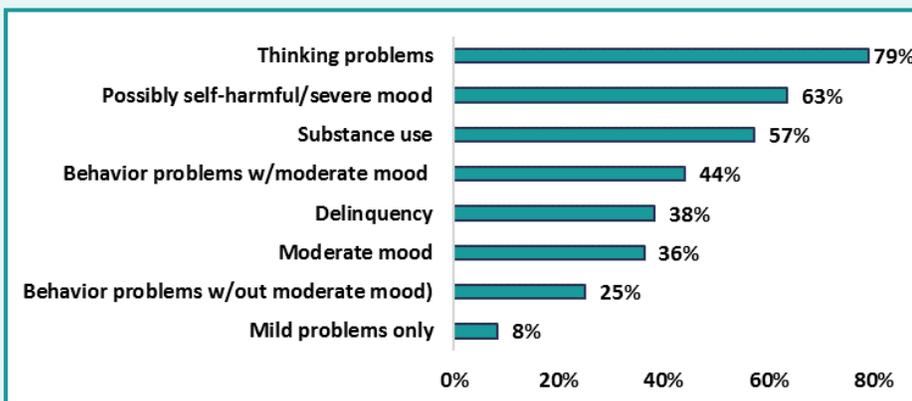
## SUBSCALE SCORE CHANGE

Subscales measure functioning on key life domains, and range from 0 (no impairment) to 30 (severe impairment) on that subscale. The CAFAS has an additional



## TIER CHANGE

Subscale scores on the CAFAS are used to create hierarchical profiles called Tiers. The tiers are ranked based on the type and severity of need, with Thinking Problems ranked as the most severe and Mild Problems as



## AT THEIR MOST RECENT ASSESSMENT:

**47%** of children & youth had a *reduction in Total Score of 20 or more points*

**53%** of children & youth with severe impairment on at least one subscale at intake had *no severe impairments*

**45%** of children & youth had a *decrease in Tier Severity*



“It is time for parents to teach young people early on that in diversity there is beauty and there is strength.”

- Maya Angelou

**THANK YOU**

*to all our system  
partners for another  
successful year*



“We are less when we don’t include everyone”

~ Stuart Milk



WAYNE COUNTY SYSTEM OF CARE

SYSTEMS IN ACTION FOR CHILDREN, YOUTH AND FAMILIES